



UTAH ROYALS

2026 MEDIA GUIDE



NATIONAL WOMEN'S SOCCER LEAGUE

2026 SEASON SCHEDULE



DAY	DATE	OPPONENT	VENUE	TIME	WATCH
SAT	March 14	KC Current	CPKC Stadium	2:00	ION
SUN	March 22	San Diego Wave	America First Field	5:00	Victory+
WED	March 25	Washington Spirit	Audi Field	5:00	KMYU
SAT	March 28	Boston Legacy	Gillette Stadium	10:00	ESPN2
FRI	April 3	Chicago Stars	America First Field	5:00	Victory+
SUN	April 26	Seattle Reign FC	Lumen Field	7:00	Victory+
SAT	May 2	Angel City FC	BMO Stadium	6:45	ION
WED	May 6	Houston Dash	America First Field	8:00	KMYU
SUN	May 10	Bay FC	PayPal Park	2:00	KMYU
SUN	May 10	Racing Louisville	America First Field	6:00	Victory+
SAT	May 23	Denver Summit FC	America First Field	4:30	ION
SAT	May 30	Portland Thorns FC	Providence Park	2:00	ION
SUN	July 5	Chicago Stars	Martin Stadium	2:00	KMYU
FRI	July 10	Gotham FC	America First Field	8:00	Victory+
SAT	July 18	Orlando Pride	America First Field	6:45	ION
SAT	July 25	NC Courage	First Horizon Stadium	5:45	ION
WED	July 29	Washington Spirit	America First Field	7:00	KMYU
SUN	August 2	Portland Thorns	America First Field	5:00	Victory+
SAT	August 8	Denver Summit FC	Centennial Stadium	2:00	ION
FRI	August 14	Bay FC	America First Field	8:00	KMYU
FRI	August 21	San Diego Wave	Snapdragon Stadium	8:00	Prime
SAT	August 29	Orlando Pride	Inter & Co Stadium	5:00	KMYU
FRI	September 4	Boston Legacy FC	America First Field	7:30	KMYU
SAT	September 12	Houston Dash	Shell Energy Stadium	6:45	ION
SUN	September 20	Angel City	America First Field	5:00	KMYU
SUN	September 27	NC Courage	America First Field	5:00	Victory+
SAT	October 3	Racing Louisville	Lynn Family Stadium	2:00	ION
SAT	October 17	Kansas City Current	America First Field	4:30	ION
FRI	October 23	Seattle Reign FC	America First Field	7:30	KMYU
SUN	November 1	Gotham FC	Sports Illustrated Stadium	5:00	ESPN

NWSL KEY DATES

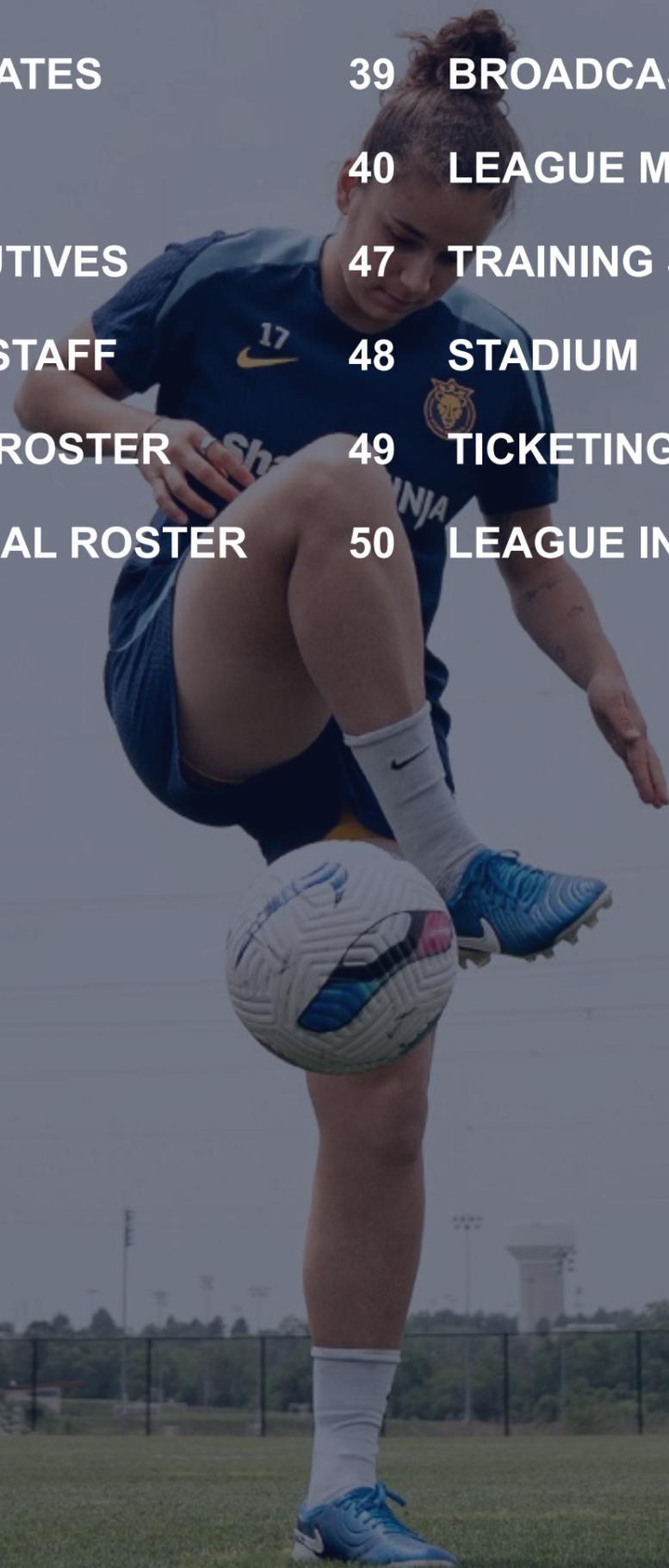


DATE	EVENT
March 1-21	2026 AFC Women's Asian Cup
March 13	NWSL Regular Season Kicks Off
March 14 - April 3	2026 Women's Africa Cup of Nations
June 8-14	CBA-mandated League Break
November 6-8	NWSL Playoff Quarterfinal Stage
November 13-14	NWSL Semifinals
November 21	2026 NWSL Championship



TABLE OF CONTENTS

2	SEASON SCHEDULE	13	PLAYER BIOS
3	NWSL KEY DATES	39	BROADCAST & STREAMING
5	ABOUT US	40	LEAGUE MEDIA POLICIES
6	TEAM EXECUTIVES	47	TRAINING SITE
8	TECHNICAL STAFF	48	STADIUM
11	NUMERICAL ROSTER	49	TICKETING
12	ALPHABETICAL ROSTER	50	LEAGUE INFORMATION





ABOUT US

Utah Royals FC is a professional soccer Club based in Sandy, Utah competing in the National Women's Soccer League. Reformed in 2023, the Club aims to maintain a high level of excellence on and off the pitch. The Club's home ground, America First Field, is known for its picturesque backdrop of the Wasatch Mountain Range and incredible home atmosphere created by the Club supporters. With a commitment to fielding a competitive team and developing young players, Utah Royals FC aims to become one of the gold standards in women's soccer for years to come.



TEAM EXECUTIVES



Kelly Cousins

Sporting Director

Cousins brings a unique blend of elite football leadership, roster-building expertise, and high-level coaching experience to Utah Royals FC, helping guide the club's sporting vision and long-term growth within the NWSL. A former professional player, Cousins began her career in 2007 with Reading FC, where she played five seasons before an ACL injury ended her playing career early. Following her retirement, Cousins transitioned into the club's front office as Director of Women's and Girls' Football before rising into coaching leadership. In her first season as Reading's Head Coach, Cousins helped secure the club's first-ever promotion into WSL 2 (now the FA Women's Championship). Two years later, she led Reading to a first-place finish in the 2015 WSL 2 campaign, earning promotion to the Women's Super League and helping shape one of the most remarkable promotion stories in English women's football. In her role with Utah Royals FC, Cousins oversees player recruitment, roster construction, and football operations—working across departments to build a competitive squad and establish a sustainable talent pipeline for the club's continued success.



Connor Oniki

General Manager

Oniki has been a member of the Utah Royals FC organization since its inception, beginning as a legal intern in 2022 before transitioning into a full-time legal counsel role less than a year later. A graduate of Harvard Law School, Oniki holds a Bachelor of Science degree from Brigham Young University. He specializes in roster rules and regulation compliance, salary cap management, and all domestic, federation, and FIFA compliance. Oniki manages the club's agent relationships and also oversees talent identification and scouting, supporting the club's recruitment pipeline.

TEAM EXECUTIVES



Harvey Bussell

Director of Scouting & Recruitment

Bussell joins Utah Royals FC with an extensive background in elite talent identification and global recruitment, bringing valuable European experience to the club's continued long-term build. Prior to arriving in Utah, Bussell served with Manchester United Women, first joining the club in 2022 as an emerging talent scout before being promoted to Head of Recruitment ahead of the 2023 campaign. During his time with United, Bussell played a key role in strengthening the squad through strategic recruitment, helping secure signings such as USWNT goalkeeper Phallon Tullis-Joyce, Netherlands international Dominique Janssen, and Women's Euro winner Grace Clinton. In his role with the Royals, Bussell leads the club's scouting, talent identification, and player recruitment efforts both domestically and internationally—building pipelines, evaluating targets, and supporting roster development at every level as Utah continues to compete and grow within the NWSL.



Jimmy Coenraets

Head Coach

Now entering his second season with Utah Royals FC, Head Coach Jimmy Coenraets continues to lead one of the most exciting long-term builds in the NWSL—guiding a young, high-upside roster with a proven ability to develop talent, set elite standards, and turn belief into results.

Coenraets entered the professional coaching ranks in 2016, earning recognition for his strong leadership, modern tactical approach, and ability to build competitive teams through structure and culture. A holder of the UEFA A Coaching License, Coenraets blends high-level coaching education with real-world success, implementing detail-driven preparation that supports both player development and team performance.

Before arriving in Utah, Coenraets delivered one of the most impressive turnarounds in Belgium. When he took over OH Leuven in 2020, the club sat last in the league. In a remarkably short span, he reshaped the team's identity and raised expectations. By his second season as manager, Coenraets had transformed Leuven into a title contender, earning league-wide recognition and being named Belgium Pro League Manager of the Year.

That same transformation mindset has already shown itself with the Royals. Under Coenraets' leadership, Utah built momentum during the second half of the 2025 NWSL season, catching fire post-summer break and putting together a historic run that became a defining storyline of the year. The Royals produced a club-record eight-match unbeaten streak (wins and draws), the longest unbeaten run in team history, highlighted by standout performances across the pitch. The streak ended on October 11, 2025, in a hard-fought 3-2 home match against San Diego Wave FC.

Entering Year 2, Coenraets continues to build on that progress—developing a fearless identity and pushing Utah's young core toward consistency, intensity, and competing at the highest level week after week.

TECHNICAL STAFF



John Griffiths

Assistant Coach

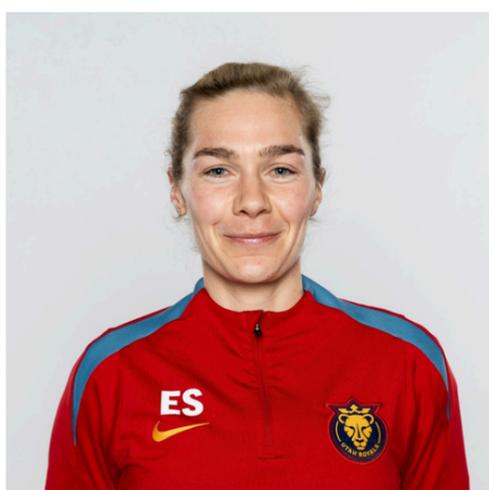
Griffiths brings extensive coaching experience to Utah Royals FC, supporting the club's technical staff across match preparation, training design, and player development. In addition to his assistant coaching duties, Griffiths also serves as the club's Head of Methodology, helping implement URFC's playing philosophy and standardize training principles across the organization to support long-term development and consistent performance.



James White

Goalkeeper Coach

White is a UEFA A License goalkeeping coach with extensive experience across English and international football. His journey began as a player, coming through Southampton FC as a goalkeeper. White returned to Southampton in 2019, serving as a goalkeeping coach for the women's first team and academy from 2019–2021. In 2021, he was recruited by current URFC Sporting Director Kelly Cousins to join Reading Women in the Women's Super League, later continuing his work with Bristol City Women. Internationally, White joined the England Women's U18 staff during the 2022/23 season, coaching goalkeepers while also contributing to set-play strategy.



Emily Simpkins

Assistant Coach

Simpkins joins URFC after one year as an assistant coach with Birmingham City Women, where she also played from 2012–2015. Prior to coaching, Simpkins enjoyed a 17-year playing career, appearing for clubs across England. She began her senior career with Nottingham Forest in 2007 and signed her first professional deal in 2015 with Doncaster Belles. Across her career, she made 175 appearances and scored 11 goals, highlighted by 42 appearances over four seasons with Brighton & Hove Albion in the Women's Super League. Simpkins played her final season with Charlton Athletic in 2023 before transitioning into coaching.

TECHNICAL STAFF



Mark Plaisance

Head of Performance

Plaisance serves as the Royals' Head of Performance, overseeing the club's high-performance strategy to support player readiness, recovery, injury prevention, and long-term physical development throughout the season. Plaisance brings experience from both professional and collegiate environments, with previous performance roles including work with San Diego Wave FC and within the D.C. United Academy pathway.



Sam Lismont

Performance Coach / Analyst

Lismont returns to the Royals as a Performance Coach and Analyst. The Belgian assistant began his coaching career in 2019 after earning a UEFA A diploma, later taking over as Head of Analysis and Academy Analyst at Sint-Truiden VV.



James Chandler

Video Analyst

Chandler returns for his second season in the NWSL with Utah Royals FC. He followed Sporting Director Kelly Cousins from Reading FC Women, leaving his position as lead analyst during his second stint with the club after previously serving as an assistant analyst. Between his two periods at Reading, Chandler spent time working in the Premier League in VAR.

NUMERICAL PLAYER ROSTER



NUMBER	NAME	POS	PRONOUNCIATION	BIRTHPLACE
1	Mandy McGlynn	GK	MAN-DEE mc-glin	Jacksonville, FL
2	Tatumn Milazzo	DF	Tay-tuhm mih-lah-tzo	Orland Park, IL
4	Paige Cronin	FW	PAY-j CROW-nin	Succasacca, NJ
5	Cece Delzer	FW	SEE-see DEL-zer	Overland Park, Kansas
6	Kameron Simmonds	FW	KAM-run SIM-unz	Midlothian, VA
7	Janni Thomsen	DF	Yah-nee tom-son	Kjellerup, Denmark
8	Kate Del Fava	DF	kay-T de-L FAH-vuh	Kenosha, WI
9	Lara Prašnikar	FW	LAH-rah PRAHSH-nee-kar	Celje, Slovenia
10	Narumi Miura	MF	Nah-roo-mee Mee-oo-rah	Kawasaki, Japan
11	Mina Tanaka	FW	mee-na tah-nah-kah	Ubon Ratchathani, Thailand
12	Alex Loera	DF	Al-iks LOO-air-uh	Thornton, CO
13	Brecken Mazingo	FW	BREH-kin MOH-zin-GOH	Sandy, UT
14	Nuria Rábano	DF	Noo-ree-ah RAH-bah-noh	Santiago de Compostela, Spain
15	Dayana Pierre-Louis	MF	dah-YAH-nah pee-AIR loo-EE	Cap-Haïtien, Haiti
16	Courtney Brown	FW	KORT-nee BROWN	West Haven, UT
17	Ana Tejada	DF	ahn-ah tay-hah-dah	Logrono, Spain
18	Kaleigh Reihl	DF	KAY-lee REEL	Menomonee Falls, MI
19	KK Ream	FW	Kay-Kay REEM	Montgomery, AL
20	Aria Nagai	MF	Ah-ree-ah nug-eye	Tokyo, Japan
21	Kiana Palacios	FW	kee-AH-nuh puh-LAH-see-ohss	Orange, CA
22	Miyabi Moriya	DF	mee-YAH-bee moh-REE-yah	Kanmaki, Japan
23	Mia Justus	GK	Mee-ah just-us	Lakewood, OH
24	Cloé Lacasse	FW	KLOH-ee luh-cass	Sudbury, Ontario, Canada
33	Kalea Eichenberger	FW	kuh-LAY-uh EYE-ken-bur-ger	Rancho Cucamonga, CA
77	DeAira Jackson	GK	dee-AIR-uh jack-son	Fontana, CA
99	Madison Hammond	MF	MAD-ih-sen HAM-end	Phoenix, AZ

ALPHABETICAL ROSTER



NAME	HEIGHT	BIRTHDAY	PRONOUNS	HOME COUNTRY
Courtney Brown	5' 7"	November 25, 2000	she/her	United States
Paige Cronin	5' 8"	November 13, 1996	she/her	United States
Kate Del Fava	5' 9"	July 23, 1998	she/her	United States
Cece Delzer	5' 8"	August 7, 1997	she/her	United States
Kalea Eichenberger	6' 0"	January 20, 2004	she/her	United States
Madison Hammond	5' 8"	November 15, 1997	she/her	United States
DeAira Jackson	6' 1"	March 23, 2002	she/her	United States
Mia Justus	5' 9"	September 3, 2002	she/her	United States
Cloé Lacasse	5' 7"	July 7, 1993	she/her	Canada
Alex Loera	5' 7"	June 19, 1999	she/her	United States
Mandy McGlynn	5' 9"	November 3, 1998	she/her	United States
Tatumn Milazzo	5' 7"	April 17, 1998	she/her	United States
Narumi Miura	5' 1"	July 3, 1997	she/her	Japan
Brecken Mozingo	5' 6"	March 8, 2001	she/her	United States
Miyabi Moriya	5' 5"	August 22, 1996	she/her	United States
Aria Nagai	5' 3"	December 8, 2001	she/her	United States
Kiana Palacios	5' 7"	October 1, 1996	she/her	United States
Dayana Pierre-Loiuis	5' 10"	September 24, 2003	she/her	Haiti
Lara Prašnikar	5' 7"	August 8, 1998	she/her	Slovenia
Nuria Rábano	5' 4"	June 15, 1999	she/her	Spain
KK Ream	5' 4"	July 8, 2009	she/her	United States
Kaleigh Reihl	5' 8"	October 21, 1996	she/her	United States
Kameron Simmonds	5' 7"	December 6, 2003	she/her	United States
Mina Tanaka	5' 5"	April 28, 1994	she/her	United States
Ana Tejeda	5' 7"	June 2, 2002	she/her	Spain
Janni Thomsen	5' 7"	February 16, 2000	she/her	Denmark

#1



Mandy MCGLYNN

Pronunciation: MAN-DEE mc-glin

Position: Goalkeeper

Hometown: Jacksonville, FL

Date of Birth: November 3, 1998

Age: 27

Citizenship: USA

Height: 5' 9"

College: Virginia Tech

Jersey Number: 1

Last Club: Gotham NJ/NY

How Acquired: Trade with Gotham for \$150,000 and expansion draft protection

BIO

Now in her third season with Utah Royals, McGlynn has established herself as one of the league's top reflex goalkeepers. In her first season with the club, McGlynn set a Utah Royals single-season record with 84 saves in 24 appearances, performances that earned her the club's MVP award and her first senior U.S. Women's National Team call-up, making her debut in a 3–0 victory over Argentina in October. She continued her strong form in 2025, producing multiple NWSL "Save of the Week" moments while recording career-best shot-stopping numbers, adding an assist, and signing a contract extension that further solidified her role as a cornerstone of Utah's squad. Prior to joining the Royals, McGlynn starred collegiately at Virginia Tech, where she started all four seasons and earned back-to-back All-ACC First Team honors as a goalkeeper. She was selected in the 2020 NWSL Draft by Sky Blue FC (now Gotham FC), spending one season in New York before moving overseas to Piteå IF in Sweden's top division. During the 2022 season in Sweden, she started every match, recorded seven shutouts, played every minute of the campaign, and was named Norrbotten's Female Player of the Year. McGlynn returned to Gotham FC in 2023 and was part of the squad that won the NWSL Championship before later making the move to the Wasatch Front.

GOALKEEPER

#2



Tatum MILAZZO

Pronunciation: Tay-tuhm mil-lah-tzo

Position: Defender

Hometown: Orland Park, IL

Date of Birth: April 17, 1998

Citizenship: USA

College: University of South Carolina

Age: 27

Height: 5' 7"

Jersey Number: 2

Last Club: Chicago Stars

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Milazzo looks to return to full fitness and contribute to the club's defensive unit after her 2025 campaign was cut short due to injury. Milazzo joined the Royals via free agency bringing significant NWSL experience, but suffered a torn ACL during training on March 21, 2025. She underwent successful surgery and was placed on the season-ending injury list on March 28 while continuing her rehabilitation with the Royals' medical staff. Prior to arriving in Utah, Milazzo spent her entire professional career with Chicago Stars FC after joining the club's 2021 preseason squad and earning a supplemental roster spot on April 5, 2021. She made her professional debut four days later in an NWSL Challenge Cup match and went on to record 70 NWSL appearances across regular season, Challenge Cup, and playoff matches. During her time in Chicago, Milazzo tallied four goals along with 171 tackles and 115 interceptions. Before turning professional, she played four seasons at the University of South Carolina, helping the Gamecocks win Southeastern Conference titles in 2016, 2017, and 2019.

DEFENDER

#4



Paige CRONIN

Pronunciation: PAY-j CROW-nin

Position: Forward

Hometown: Succasacca, NJ

Date of Birth: November 13, 1996

Age: 29

Citizenship: USA

Height: 5' 8"

College: Butler University

Jersey Number: 4

Last Club: Racing Louisville

How Acquired: 2024 Expansion Draft

BIO

Now in her third season with Utah Royals, Cronin has established herself as a key leader and attacking presence for the club. Serving as the Royals' inaugural captain, Cronin has set the tone both on and off the field, bringing experience and consistency to Utah's attack. After appearing in 22 matches during her first season with the club, she elevated her impact in 2025, finishing the year with five goals and two assists while continuing to guide the team as captain. A native of New Jersey, Cronin played collegiately at Butler University, where she appeared in 80 matches and recorded 22 goals and 18 assists. During her standout collegiate career, she earned two All-Big East First Team selections, was named the 2017 All-Big East Player of the Year, received Second Team All-American honors, and was recognized as an All-American Scholar. Cronin made Butler history when she was selected 10th overall in the 2019 NWSL Draft by Gotham FC, where she played 57 matches across four seasons. In 2023, she joined Racing Louisville and appeared in 22 matches before being selected by Utah Royals FC in the 2024 NWSL Expansion Draft, arriving in Utah with nine professional goals to her name.

FORWARD

#5



Cece

DELZER

Pronunciation: SEE-see DEL-zer

Position: Forward

Hometown: Overland Park, KS

Date of Birth: August 7, 1997

Age: 28

Citizenship: USA

Height: 5' 8"

College: University of Mississippi

Jersey Number: 5

Last Club: Gotham FC

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Delzer brings veteran experience and attacking versatility to the club's front line. During the 2025 season, Delzer found the scoresheet once while continuing to provide energy, movement, and a direct attacking presence in Utah's forward group. The Overland Park, Kansas native played collegiately at the University of Mississippi (Ole Miss), where she developed into a dynamic attacking threat and finished her career with 48 goals. Delzer was selected in the second round of the 2019 NWSL College Draft as the 13th overall pick by the Houston Dash before being chosen by Racing Louisville in the 2020 NWSL Expansion Draft. She made history in April 2021 by scoring Racing Louisville's first-ever goal in the club's inaugural match. An experienced NWSL veteran, Kizer has played for Houston Dash, Racing Louisville, Kansas City Current, and Gotham FC, with Utah Royals marking the fifth club of her professional career. Wearing No. 5, the 5'8" forward adds leadership, competitiveness, and valuable league experience to Utah's attacking unit.

FORWARD

#6



Kameron SIMMONDS

Pronunciation: KAM-run SIM-unz

Position: Forward

Hometown: Midlothian, Virginia

Date of Birth: December 6, 2003

Age: 22

Citizenship: USA

Height: 5' 7"

College: University of Tennessee & Florida State

Jersey Number: 6

Last Club: Racing Louisville

How Acquired: Non-roster invitee in 2026 preseason

BIO

Now in her first season with Utah Royals, Simmonds brings international experience, versatility, and attacking instincts to the club's defensive unit. Simmonds began her collegiate career at the University of Tennessee in 2022, where she earned recognition as one of the nation's top freshmen after scoring four goals in 16 appearances and being named to two TopDrawerSoccer Freshman Best XI lists. She later transferred to Florida State University, appearing in all 21 matches during her junior season while recording five goals and two assists. In her senior year, Simmonds started 17 of 21 matches, logging 1,021 minutes as the Seminoles captured the 2025 NCAA National Championship.

Internationally, Simmonds has represented Jamaica at the U-17, U-20, and senior levels. She scored twice at the 2022 CONCACAF Women's U-20 Championship and made her senior debut later that year, becoming the third generation in her family to represent Jamaica following her father Greg Simmonds and grandfather Patrick Simmonds. In 2023, she scored her first senior international goals against the Czech Republic during the Cup of Nations and was part of Jamaica's historic squad that reached the Round of 16 at the FIFA Women's World Cup, appearing in two matches. Primarily a defender, Simmonds is known for her speed, goal-scoring ability, and adaptability, making her a valuable addition to the Royals' roster.

FORWARD

#7



Janni THOMSEN

Pronunciation: yah-nee tom-son

Position: Midfielder

Hometown: Kjellerup, Denmark

Date of Birth: February 16, 2000

Age: 25

Citizenship: DEN

Height: 5' 7"

College: N/A

Jersey Number: 7

Last Club: Vålerenga

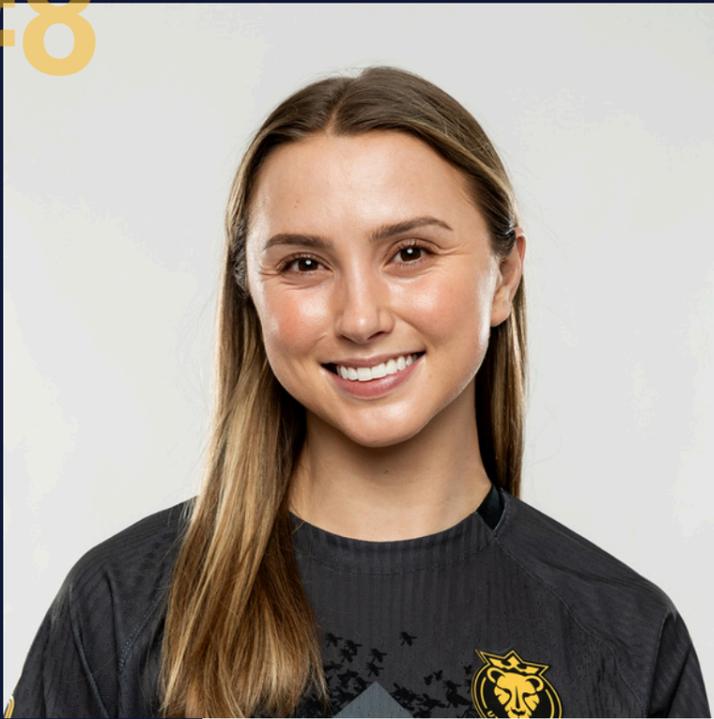
How Acquired: Purchased from Vålerenga for an undisclosed fee

BIO

Now in her second season with Utah Royals, Thomsen brings technical quality, composure, and valuable international experience to the club's midfield. Wearing No. 7, the Danish international made an immediate impact during the 2025 season, contributing three goals while providing a strong two-way presence in the center of the pitch. Thomsen joined the Royals after being purchased from Norwegian side Vålerenga, where she spent five seasons and established herself as one of the Toppserien's most reliable midfielders. During her time in Norway, she made 100 appearances, including seven in the UEFA Women's Champions League, totaling 8,103 minutes with 14 goals and 25 assists while helping the club secure back-to-back league titles. On the international stage, Thomsen made her senior debut for Denmark in 2020 and has since earned more than 40 caps, most recently helping Denmark qualify for the 2025 UEFA Women's European Championship after finishing second in Group 2 behind reigning champions Spain.

MIDFIELDER

#8



Kate

DEL FAVA

Pronunciation: kay-T de-L FAH-vuh

Position: Defender

Hometown: Kenosha, WI

Date of Birth: July 23, 1998

Age: 27

Citizenship: USA

Height: 5' 9"

College: Illinois State University

Jersey Number: 8

Last Club: Kansas City Current

How Acquired: Trade with Current for \$75,000 and expansion draft protection

BIO

Now in her third season back with the Utah Royals, Kate Del Fava has re-established herself as one of the club's most reliable defenders. During the 2025 NWSL season, she started all 26 matches and played every minute (2,340), earning Iron Woman honors while anchoring Utah's back line. She finished the year with one assist, 23 tackles, 31 interceptions, and an 85.2% passing accuracy, and was named the Club's Defensive Player of the Year. Del Fava also played a key role in a Royals defense that set a club record with an eight-game unbeaten streak, recording her assist in a 2–1 victory over Racing Louisville in June 2025. Born in Evanston, Illinois, Del Fava starred collegiately at Illinois State University, where she played all four seasons and earned numerous accolades, including the 2019 MVC Player of the Year award, three All-MVC First Team selections, and six MVC Player of the Week honors. She was selected by Utah Royals FC with the 12th overall pick in the 2020 NWSL Draft and made her professional debut during the 2020 Challenge Cup. Following the conclusion of the Club's first era, she moved with the organization to Kansas City, where she spent two seasons and scored her first professional goal before returning to Utah in December 2023 as one of two players from the Club's original roster to rejoin the Royals following its relaunch.

DEFENDER

#9



Lara PRAŠNIKAR

Pronunciation: LAH-rah PRAHSH-nee-kar

Position: Forward

Hometown: Celje, Slovenia

Date of Birth: August 8, 1998

Age: 27

Citizenship: SVN

Height: 5' 7"

College: N/A

Jersey Number: 9

Last Club: Eintracht Frankfurt

How Acquired: Purchased for an undisclosed fee

BIO

Now in her second season with Utah Royals, Prašnikar brings proven European pedigree and a goal-scoring presence to the Royals' attack. The Celje, Slovenia native joined the club on Aug. 31, 2025, after signing from German side Eintracht Frankfurt, becoming the first Slovenian player in NWSL history. Arriving late in the 2025 campaign after the Club purchased her for an undisclosed fee, Prašnikar made an immediate impact by recording an assist in her home debut with the Royals. Known for her intelligent movement in the box, clean finishing, and relentless work rate in the attacking third, the 5'7" striker wears No. 9 and enters the season as a key scoring option for Utah's front line. Prior to her move to the Wasatch Front, Prašnikar enjoyed a prolific career in the German Frauen-Bundesliga with Eintracht Frankfurt, scoring 44 goals in 122 appearances between 2020 and 2024. She began her career in Slovenia with Šmartno, where she and fellow Slovenian international Lana Golob played on boys' teams due to the club not having a women's side, before moving to Rudar Škale. Prašnikar made her professional debut on Aug. 25, 2013, scoring a brace in a 5–0 victory over Velesovo Cerklje, and went on to tally an impressive 77 goals in just 55 league matches across three seasons.

FORWARD

#10



Narumi **MIURA**

Pronunciation: Nah-roo-mee Mee-oo-rah

Position: Midfielder

Hometown: Kawasaki, Japan

Date of Birth: July 3, 1997

Age: 28

Citizenship: JPN

Height: 5' 1"

College: N/A

Jersey Number: 10

Last Club: Washington Spirit

How Acquired: Traded in exchange for \$180,000 in allocation money

BIO

Now in her first season with Utah Royals, Miura brings technical quality, composure, and international experience to the Royals' midfield after being acquired in a trade from the Washington Spirit in exchange for \$180,000 in allocation money. The Kawasaki, Japan native wears No. 10 and is known for her quick decision-making, intelligent positioning, and ability to dictate tempo in possession. Miura joined Utah following a strong 2025 campaign with Washington, where she appeared in 23 matches with 20 starts while recording a 79% pass completion rate and contributing defensively with tackles and interceptions. Prior to her time with the Spirit, she made her NWSL debut with the North Carolina Courage in 2023 after building a decorated career in Japan with Nippon TV Tokyo Verdy Beleza, where she won multiple Nadeshiko League titles, Empress's Cup trophies, and League Cups while establishing herself as one of the league's most consistent midfielders. On the international stage, Miura has represented Japan at both youth and senior levels and was part of the squad that captured the 2025 SheBelieves Cup. She also started in Japan's 1–0 victory over Canada in a Women's International Friendly on Dec. 1, 2025. Her arrival in Utah reunites her with fellow Japanese internationals Mina Tanaka and Miyabi Moriya, strengthening both the Royals' midfield and the club's growing international core.

MIDFIELDER

#11



Mina **TANAKA**

Pronunciation: mee-na tah-nah-kah

Position: Forward

Hometown: Ubon Ratchathani, Thailand

Date of Birth: April 28, 1994

Age: 31

Citizenship: JPN

Height: 5' 5"

College: N/A

Jersey Number: 11

Last Club: INAC Kobe Leonessa

How Acquired: Free agent

BIO

Now in her third season with Utah Royals, Tanaka continues to provide a proven scoring presence to the club's attack. In the 2025 season, Tanaka led Utah's frontline with six goals and one assist, establishing herself as one of the team's most reliable offensive contributors. She joined the Royals as a free agent after most recently playing for INAC Kobe Leonessa of Japan's WE League, where she recorded 37 goals in 58 appearances. Tanaka arrived in the Beehive State following a distinguished 13-season career in Japan, playing for Tokyo Verdy Beleza from 2011 to 2019 before joining INAC Kobe Leonessa from 2020 to 2024, along with a 10-match loan stint in Germany's Frauen-Bundesliga with Bayer Leverkusen in 2020. Widely regarded as one of the most clinical finishers in Japanese football, Tanaka won the Nadeshiko League Golden Boot four times (2016, 2017, 2018, 2019), was named to the Nadeshiko League Best XI five times, and earned back-to-back Nadeshiko League Best Player honors in 2018 and 2019. Across her club career she has scored 211 goals in 308 appearances, while also contributing 30 goals in 74 appearances for the Japan Women's National Team, representing her country in four major international tournaments.

FORWARD

#12



Alex **LOERA**

Pronunciation: Al-iks LOH-air-uh

Position: Defender

Hometown: Thornton, CO

Date of Birth: June 19, 1999

Age: 26

Citizenship: USA

Height: 5' 7"

College: Santa Clara University

Jersey Number: 12

Last Club: Bay FC

How Acquired: Trade with Bay for \$20,000 and 15% sell-on fee

BIO

Now in her second season with Utah Royals, Loera brings leadership, versatility, and NWSL experience to the club's back line. The Thornton, Colorado native joined the Royals after being acquired via trade from Bay FC in exchange for \$20,000 in allocation money and a 15% sell-on fee. Prior to arriving in Utah, Loera began her professional career with the Kansas City Current before becoming a key piece for Bay FC, where she served as captain during the club's inaugural season. Across her NWSL career, she has made 32 regular-season appearances. Her 2024 campaign was cut short due to an ACL injury, and after completing her rehabilitation she made her Royals debut on May 9, 2025. Eight days later, Loera unfortunately suffered another ACL tear in the same knee during training, sidelining her once again as she began another recovery process. Before turning professional, Loera starred at Santa Clara University, where she earned multiple West Coast Conference All-Conference honors and served as team captain. Wearing No. 12, the 5'7" defender adds composure and leadership to Utah's defensive unit as she continues working toward a full return to the pitch.

DEFENDER

#13



Brecken **MOZINGO**

Pronunciation: BREH-kin MOH-zin-GOH

Position: Forward

Hometown: Sandy, UT

Date of Birth: March 8, 2001

Age: 24

Citizenship: USA

Height: 5' 6"

College: Brigham Young University

Jersey Number: 13

Last Club: N/A

How Acquired: #4 overall pick in the 2024 NWSL Draft

BIO

Now in her third professional season with Utah Royals, Utah native Mozingo continues to develop into a key attacking option for the club. Mozingo logged nearly 1,000 minutes during her rookie campaign, appearing in 18 regular-season matches while gaining valuable professional experience. She made a major impact during the inaugural NWSL x Liga MX Femenil Summer Cup, scoring a brace against Club Tijuana, marking the first multi-goal performance of her professional career and the club's first brace of the 2024 calendar year. Mozingo continued her growth in 2025, finishing the season with three goals while becoming an increasingly reliable attacking threat. Prior to her professional career, Mozingo made her mark early by setting an Alta High School single-season scoring record with 38 goals in 2016. She began her collegiate career at UCLA before transferring back home to BYU, where she became one of the most productive attackers in program history. Across 92 appearances with the Cougars, Mozingo recorded 36 goals and 37 assists, earning recognition as a MAC Hermann Trophy finalist and a First-Team All-American. She was selected No. 4 overall in the NWSL Draft, part of a historic night for BYU in which a program-record five players were selected.

FORWARD

#14



Nuria **RÁBANO**

Pronunciation: Noo-ree-ah RAH-bah-noh

Position: Defender

Hometown: Santiago De Compostela, Spain

Date of Birth: June 15, 1999

Age: 26

Citizenship: ESP

Height: 5' 5"

College: N/A

Jersey Number: 14

Last Club: VfL Wolfsburg

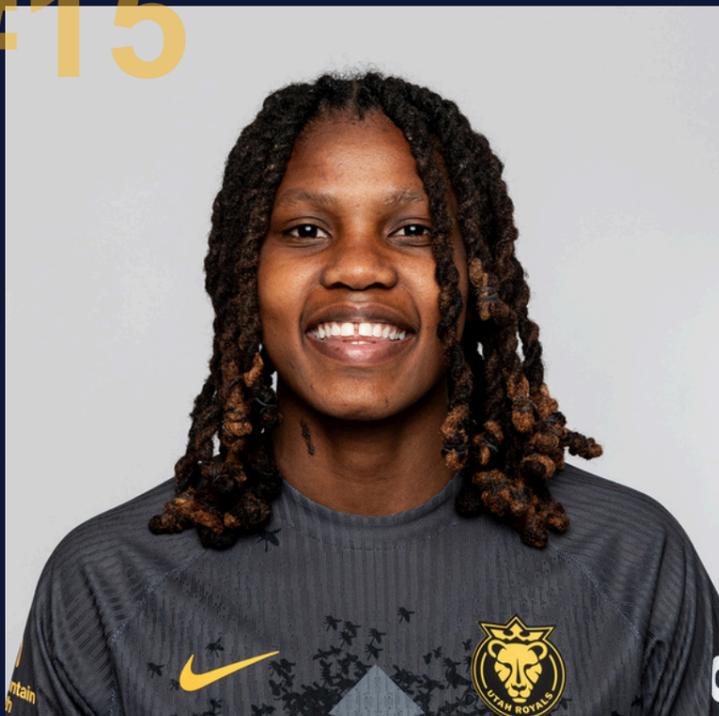
How Acquired: Purchased for an undisclosed fee

BIO

Now in her second season with Utah Royals, Rábano brings top-level European experience to the club's back line after joining the Royals through the 2027 season with a mutual option for 2028. The Spanish left back was acquired from VfL Wolfsburg for an undisclosed fee after spending the previous two seasons in Germany, where she made 38 appearances across all competitions and helped Wolfsburg capture the 2023–24 DFB-Pokal (German Cup). Rábano began her professional career with Deportivo La Coruña, playing a key role in the club's historic undefeated 2018–19 campaign that secured promotion to Spain's top division for the first time in team history. She later joined Real Sociedad in 2020, making 57 appearances before transferring to FC Barcelona, where she was part of the 2022–23 Liga F title-winning squad. Rábano has also represented Spain at the international level, earning her senior national team debut in 2022 with a 16-minute appearance in a 1–1 draw against Sweden.

DEFENDER

#15



Dayana

PIERRE-LOUIS

Pronunciation: dah-YAH-nah pee-AIR loo-EE

Position: Midfielder

Hometown: Cap-Haïtien, Haiti

Date of Birth: September 24, 2003

Age: 22

Citizenship: HTI

Height: 5' 10"

College: N/A

Jersey Number: 15

Last Club: Racing Club de Lens

How Acquired: Entered NWSL via Utah Royals three year contract in 2026

BIO

Now in her first season with Utah Royals, Pierre-Louis brings international experience, physical presence, and midfield creativity to the club's roster. The Haitian international arrives after a successful 2024–25 campaign with RC Lens, where she helped the club secure a second-place finish in the *Seconde Ligue* and earn promotion to the *Première Ligue*, marking the team's return to France's top division for the first time in nearly a decade. Since promotion, Pierre-Louis has appeared in 10 matches with eight starts in the top flight. On the international stage, Pierre-Louis began her career with the Haiti U-20 national team, scoring four goals at the 2020 CONCACAF Women's U-20 Championship before earning her senior debut on June 25, 2022 against Costa Rica. She has since earned multiple caps and played a key role in Haiti's historic qualification for the 2023 FIFA Women's World Cup. As the second youngest player on the squad, she started all three group stage matches, including contests against finalists England and Denmark. Known for her stamina, strength, and passing ability, Pierre-Louis regularly posts passing completion rates above 70 percent while creating attacking opportunities from deeper midfield positions, adding a dynamic presence to Utah's midfield.

MIDFIELDER

#16



Courtney **BROWN**

Pronunciation: KORT-nee BROWN

Position: Forward

Hometown: West Haven, UT

Date of Birth: November 25, 2000

Age: 25

Citizenship: USA

Height: 5' 7"

College: University of Utah

Jersey Number: 16

Last Club: Washington Spirit

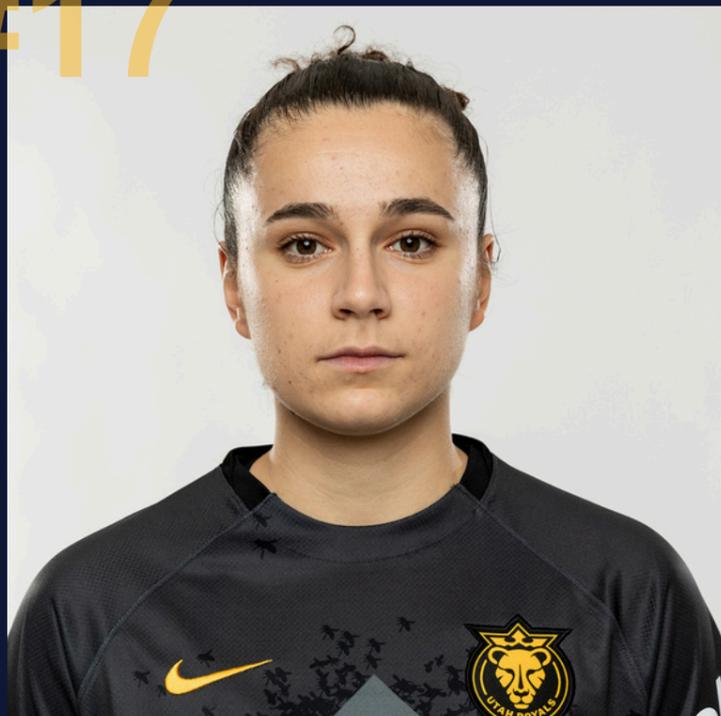
How Acquired: Free agent

BIO

Now in her first season with Utah Royals, Brown returns to her home state to bring energy, versatility, and attacking depth to the club's front line. The West Haven, Utah native joined the Royals as a free agent through the 2026 season after beginning her professional career with the Washington Spirit. Brown was selected by Washington with the 49th overall pick in the fourth round of the 2024 NWSL Draft and made her professional debut on March 17, entering the match in the 65th minute of the Spirit's season opener against Seattle Reign. She scored her first professional goal on June 23 in a 2–0 victory over NJ/NY Gotham FC and went on to appear in 15 matches with five starts during her second season in Washington, including another goal in a 3–1 win over the North Carolina Courage. Prior to turning professional, Brown starred at the University of Utah, where she was a five-year starter from 2019 to 2023, making 94 appearances and scoring 14 goals while serving as team captain for her final three seasons. Known for her pace, relentless work rate, and direct attacking mindset, the 5'7" forward adds valuable local pride and professional experience to the Royals' squad.

FORWARD

#17



Ana TEJEDA

Pronunciation: ahn-ah tay-hah-dah

Position: Defender

Hometown: Logrono, Spain

Date of Birth: June 2, 2002

Age: 23

Citizenship: ESP

Height: 5' 7"

College: N/A

Jersey Number: 17

Last Club: Real Sociedad

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Tejeda has become a key piece of the club's spine, bringing both club and international experience to the squad. Born and raised in Logroño, Spain, Tejeda joined Utah in 2024 after beginning her professional career at just 17 years old with Real Sociedad in Spain's Liga F. She developed into a regular starter by the 2020–21 season and departed the club having made 86 appearances and scored one goal across all competitions. Originally joining the Royals as a center back, Tejeda quickly transitioned into a midfield role alongside fellow Royals legend Spaniard Claudia Zornoza, where she emerged as a threat from distance. Her impact was highlighted by long-range goals against Houston and Racing Louisville, including a dramatic late match-winner against Louisville on Sept. 28, 2024. Her strong form in Utah earned her a return call-up to Spain's senior national team pool after previously earning one cap for La Roja. On the international stage, Tejeda has represented Spain at multiple youth levels, winning both the UEFA Women's U-17 European Championship and the FIFA U-17 Women's World Cup, as well as the FIFA U-20 Women's World Cup.

DEFENDER

#18



Kaleigh **RIEHL**

Pronunciation: KAY-lee REEL

Position: Defender

Hometown: Fairfax St, VA

Date of Birth: October 21, 1996

Age: 29

Citizenship: USA

Height: 5' 8"

College: Pennsylvania State University

Jersey Number: 18

Last Club: San Diego Wave

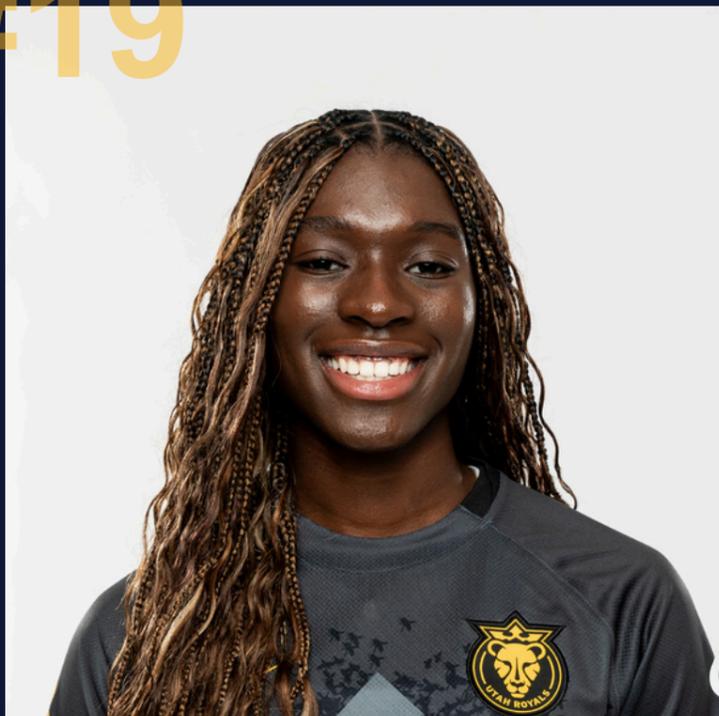
How Acquired: Trade with San Diego for \$60,000 and expansion draft protection

BIO

Now in her third season with Utah Royals, Riehl has become a key part of the club's back line, totaling 26 NWSL appearances for the Royals as of Nov. 2, 2025. Known for her reliability in possession and ability to help build play out of the back, she also contributed offensively during the 2025 season with one goal and one assist. Riehl played collegiately at Penn State, where she logged 8,847 career minutes; an NCAA all-time record for a position player. She was selected 11th overall by Sky Blue FC in the 2020 NWSL Draft and later spent time on loan with Paris FC, making eight appearances in France. Riehl returned to the NWSL and was selected by Racing Louisville FC in the 2021 Expansion Draft before joining San Diego Wave FC ahead of the 2022 season, helping the club win the 2023 NWSL Shield. Utah Royals FC acquired Riehl from San Diego on Nov. 20, 2023, in exchange for \$60,000 in allocation money and expansion draft protection.

DEFENDER

#19



KK

REAM

Pronunciation: Kay-Kay REEM

Position: Forward

Hometown: Herriman, UT

Date of Birth: July 8, 2009

Citizenship: USA

College: N/A

Age: 16

Height: 5' 4"

Jersey Number: 19

Last Club: Utah Avalanche

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Ream continues to emerge as one of the club's most exciting young talents. A Utah native, Ream made history as the youngest signing in club history at just 15 years and 157 days old when she joined the Royals through the 2027 season. She made her professional debut during the 2025 NWSL season and finished the year with nine appearances and one goal, scoring her first professional goal on Aug. 29, 2025 against the Portland Thorns to become the youngest goal scorer in NWSL history. Ream has deep roots within the organization, having played for the URFC AZ Academy from 2019 to 2022 while also competing for RSL Academy AZ from 2020 to 2022 before joining Utah Avalanche from 2023 to 2024. On the international stage, she has been a regular with U.S. Youth National Teams and helped the U.S. U-15 Girls' National Team win the 2024 Concacaf Girls' U-15 Championship.

FORWARD

#20



Aria **NAGAI**

Pronunciation: Ah-ree-ah nug-eye

Position: Midfielder

Hometown: Herndon, VA

Date of Birth: December 8, 2001

Age: 24

Citizenship: USA

Height: 5' 3"

College: Princeton & University of North Carolina

Jersey Number: 20

Last Club: N/A

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Nagai continues to develop as a composed, possession-oriented midfielder after an impressive rookie campaign in 2025. Nagai appeared in 11 matches, making seven starts and logging 582 minutes while showcasing strong defensive instincts and confidence on the ball. She joined the Royals on a Salary Cap Exempt contract following a successful collegiate career that spanned Princeton University and the University of North Carolina. At Princeton, Nagai played three seasons from 2021 to 2023, making 53 appearances with 42 starts while recording two goals and four assists and earning 2023 First-Team All-Ivy honors. She later transferred to North Carolina, the alma mater of Royals teammate Ally Sentnor, where she started all 27 matches during her graduate season, tallying three goals and three assists as the Tar Heels captured the 2024 NCAA National Championship.

MIDFIELDER

#21



Kiana

PALACIOS

Pronunciation: kee-AH-nah pah-LAH-see-ohs

Position: Forward

Hometown: Orange, CA

Date of Birth: October 1, 1996

Age: 29

Citizenship: MEX

Height: 5' 7"

College: University of California, Irvine

Jersey Number: 21

Last Club: Club América

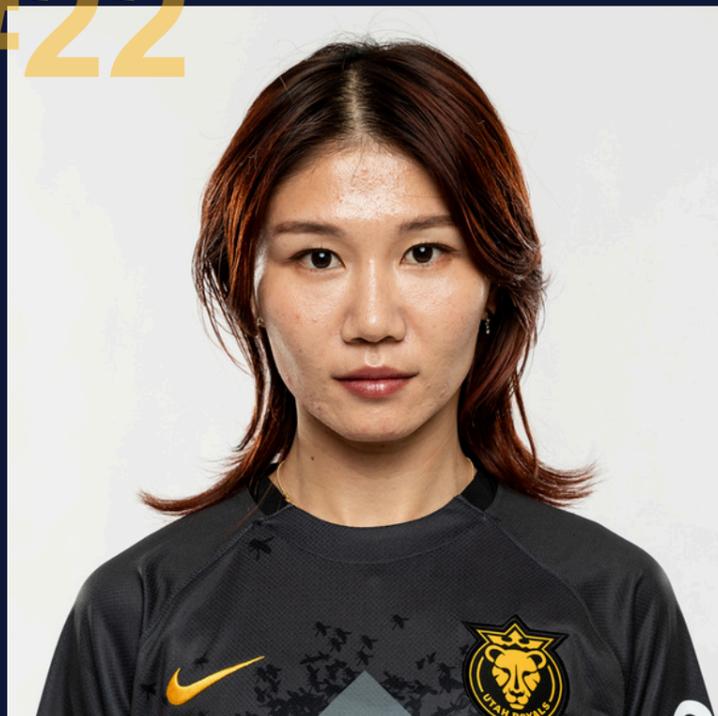
How Acquired: Transfer for an undisclosed fee

BIO

Now in her first season with Utah Royals, Palacios arrives as one of the most accomplished attacking players in Liga MX Femenil history. The Mexican international built a prolific career with Club América Femenil, where she scored 90 goals in 174 appearances since joining the club in 2021, becoming the team's all-time leading scorer. During the 2022–23 season, Palacios delivered one of the most dominant campaigns in league history, scoring 30 goals in 40 matches while captaining Las Águilas to the Clausura 2023 Liga MX Femenil championship. Known for her intelligent movement, speed, and leadership in the attacking third, Palacios brings a proven scoring presence to Utah's front line. Prior to her time in Mexico, she also competed in Europe with Real Sociedad Femenino, helping the club capture the 2018–19 Copa de la Reina title. On the international stage, Palacios represents the Mexico Women's National Team and was part of the squad that won the gold medal at the 2023 Pan American Games, marking a historic achievement for the program.

FORWARD

#22



Miyabi **MORIYA**

Pronunciation: mee-YAH-bee moh-REE-yah

Position: Defender

Hometown: Phoenix, AZ

Date of Birth: August 22, 1996

Age: 22

Citizenship: JPN

Height: 5' 5"

College: N/A

Jersey Number: 22

Last Club: Angel City

How Acquired: Free agent

BIO

Now in her first season with Utah Royals, Moriya brings international experience and defensive versatility to the club's back line. The Kanmaki, Japan native joined the Royals as a free agent after spending the 2025 season with Angel City FC, where she recorded one goal and two assists during her first year in the NWSL. Wearing No. 22, the 5'5" right back adds pace, defensive sharpness, and composure in possession as she continues her professional career in the league. Prior to her time in the NWSL, Moriya built an accomplished career in Japan with INAC Kobe Leonessa, where she made 118 appearances and scored eight goals after beginning her professional career in 2015 and making her WE League debut in September 2021. During her time with the club, she helped INAC Kobe Leonessa capture its first WE League title in 2022 and was later named the 2023 WE League Valuable Player while also earning a place on the 2023 WE League Best XI. On the international stage, Moriya represented Japan at the 2023 FIFA Women's World Cup, making her tournament debut in a 2–0 victory over Costa Rica, and was later selected to Japan's squad for the 2024 Summer Olympics.

DEFENDER

#23



Mia

JUSTUS

Pronunciation: Mee-ah just-us

Position: Goalkeeper

Hometown: Lakewood, OH

Date of Birth: September 3, 2002

Age: 23

Citizenship: USA

Height: 5' 9"

College: Florida State & University of Texas

Jersey Number: 23

Last Club: N/A

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Justus continues to grow within the club's goalkeeper group after making her professional debut during the 2025 NWSL season. In her second career appearance, Justus recorded seven saves, including an acrobatic stop that earned NWSL Save of the Week honors, helping Utah extend an unbeaten run while gaining valuable minutes in the goalkeeper rotation. The 22-year-old joined Utah Royals as a free agent in December 2024, signing through the 2027 season following a standout collegiate career at the University of Texas. Justus began her college career at Florida State University, where she made 14 appearances across two seasons alongside future Royals teammates Cristina Roque and Lauren Flynn before transferring to Texas after the 2022 season. With the Longhorns, she started both her junior and senior seasons and led the program to an SEC Championship in her final year, earning SEC Championship MVP honors. A former U.S. Youth National Team goalkeeper, Justus has represented multiple USYNT age groups since first earning selection at age 13 in 2015 and later attended the U.S. Women's National Team Futures Camp under head coach Emma Hayes.

GOALKEEPER

#24



Cloé LACASSE

Pronunciation: KLOH-ee luh-cass

Position: Forward

Hometown: Ontario, Canada

Date of Birth: July 7, 1993

Age: 32

Citizenship: CAN

Height: 5' 7"

College: University of Iowa

Jersey Number: 24

Last Club: Arsenal

How Acquired: Purchased from Arsenal

BIO

Now in her third season with Utah Royals, Lacasse continues her return from injury after making a major impact during her debut NWSL campaign in 2024. Lacasse finished the season as the Club's Golden Boot winner with four goals, highlighted by a historic performance on Oct. 13 at America First Field when she scored the first hat trick in Utah Royals history and the only NWSL hat trick of the 2024 season in a 3-0 victory over Seattle Reign FC. Her season ended early after suffering an ACL rupture and MCL sprain during Utah's Oct. 20 match at Angel City, after which she underwent successful surgery and began her rehabilitation with the goal of returning later in the 2025 season. Lacasse joined Utah ahead of the 2024 campaign after spending the 2023–24 season with Arsenal FC in the FA Women's Super League, where she made 19 appearances and recorded three goals and two assists. On the international stage, Lacasse represents Canada and was selected to the squad for the 2024 Paris Olympics, marking her second major international tournament after competing in the 2023 FIFA Women's World Cup in Australia and New Zealand. Across 37 international appearances, she has scored six goals for Canada, including a goal in the opening match of the Olympic tournament against New Zealand.

FORWARD

#33



Kalea

EICHENBERGER

Pronunciation: kuh-LAY-uh EYE-ken-bur-gur

Position: Forward

Hometown: Rancho Cucamonga, CA

Date of Birth: January 20, 2004

Age: 22

Citizenship: USA

Height: 6' 0"

College: University of Washington

Jersey Number: 33

Last Club: N/A

How Acquired: Free Agency

BIO

Eichenberger hails from the University of Washington, where she spent three seasons with the Huskies, recording five goals and three assists. In her senior campaign, she started 17 of 18 matches and played a key role in helping Washington secure the Big Ten Tournament Championship, highlighted by a 1–0 victory over No. 15 Wisconsin. During Washington's NCAA Tournament run, Eichenberger delivered several clutch performances. She played all 99 minutes in an overtime win against No. 4 Arkansas to help the Huskies advance to the Sweet 16. She then bagged UW's lone goal in a penalty shootout victory over No. 7 Virginia on November 23rd, sending Washington on to the Elite Eight.

The California native adds a unique combination of size and athleticism to URFC's roster. Standing at 6'0", the forward poses a tough matchup for defenders, using her strength and pace to make an impact in the attacking third. Her presence up top gives URFC another option going forward, whether stretching the field, competing in the air, or creating chances in the final third.

FORWARD

#77



DeAira JACKSON

Pronunciation: dee-AIR-uh jak-suhn

Position: Goalkeeper

Hometown: Fontana, CA

Date of Birth: March 23, 2002

Citizenship: USA

College: CAL State & Grand Canyon University

Age: 23

Height: 6' 1"

Jersey Number: 77

Last Club: Orlando Pride

How Acquired: Free agent

BIO

Now in her second season with Utah Royals, Jackson continues to develop within the club's goalkeeper unit after joining the Royals midway through the 2025 campaign. The Fontana, California native first entered the NWSL earlier in 2025 on a short-term contract with the Orlando Pride before making the move to the Wasatch Front as a free agent. Jackson quickly impressed with her shot-stopping ability, composure in possession, and comfort playing out of the back. Prior to turning professional, Jackson was a standout goalkeeper at Grand Canyon University, where she delivered a historic senior season in 2024. She earned All-WAC First Team honors and was named the WAC Goalkeeper of the Year after setting a new GCU single-season record with nine clean sheets. Jackson finished her collegiate career as the program's all-time leader in shutouts with 16.

GOALKEEPER

#99



Madison HAMMOND

Pronunciation: MAD-ih-sen HAM-end

Position: Midfielder

Hometown: Phoenix, AZ

Date of Birth: November 15, 1997

Citizenship: USA

College: Wake Forest University

Age: 28

Height: 5' 8"

Jersey Number: 99

Last Club: Angel City

How Acquired: Free agent

BIO

Now in her first season with Utah Royals, Hammond brings versatility, composure, and valuable NWSL experience to the club's midfield and defensive unit. Hammond joined the Royals as a free agent on a two-year contract through the 2027 season after spending the 2022–2025 campaigns with Angel City FC. Wearing No. 99, the 5'8" midfielder is known for her ability to operate both in midfield and along the back line, providing defensive reliability and calmness under pressure. Hammond first entered the NWSL after going undrafted in the 2020 NWSL College Draft, earning her first professional contract with Seattle Reign FC as a non-roster invitee ahead of the 2020 NWSL Challenge Cup. She made her professional debut on Sept. 26, 2020 against Utah, becoming the first Native American player in NWSL history. Prior to turning professional, Hammond was a four-year starter at Wake Forest University and served as a two-time team captain, earning second-team All-ACC honors as a senior while also being named to the All-ACC Academic Team in each of her four collegiate seasons.

MIDFIELDER



BROADCAST & STREAMING

How do I watch live games during the 2026 NWSL Regular Season?

- Viewers can watch Victory+ for free [here](#) on most major connected TVs and mobile streaming devices. To get started, simply search for "victoryplus" and download the latest version of the app.
- Friday night matches airing on Prime Video are available to US fans [here](#).
- Saturday matches airing on Scripps-owned ION network are available to US fans [here](#).
- For games airing on CBS, US fans can watch [here](#). US Fans can also stream on Paramount+ [here](#).
- For games airing on ESPN, US fans can watch [here](#). Matches on ESPN and ESPN2 will also stream on [ESPN App](#).
- For games airing on NWSL+, US fans can watch [here](#).



NWSL MEDIA POLICY

Event Media Guidelines

Media credentials and access will be granted only to individuals with a legitimate working function at a game, training session or event. The bearer must be on a specific assignment. Credentials are non-transferable. Any unauthorized use of a credential subjects the bearer to ejection from the stadium. Resale or attempted resale is grounds for seizure and cancellation.

The following actions may result in seizure of credential and/or ejection of its wearer from the stadium or training facility:

- Requesting autographs at any time
- Taking photographs with players/coaches
- Using credential for family or friends of a working media member
- Conduction of unauthorized interviews
- Unprofessional behavior (cheering in the press box, consumption of alcoholic beverages, failure to abide by posted rules, etc.)

Treatment of Credentialed Media

Media Access at Practice: Teams are permitted to designate one (1) day each training week as an open session (meaning the entirety of the training session will be open to media) but shall accommodate in-training availability as requested for the remainder of the week (minimum of 15 minutes). Teams are strongly encouraged to ensure that ballwork is at least part of the 15-minute access period.

Teams should make every effort to accommodate media requests for both coaches and players at the conclusion of training or the open media access period. Failure to accommodate requests during media access periods (such as training sessions) will result in a fine.

Matchday-1 and Matchday-2 Media Access: Teams are required to make both the head coach and 1-2 players available to media at a pre-match press conference on MD-1 or MD-2 via Zoom, in-person or hybrid. Any additional interview requests and availability will be accommodated to the best of the PR staff's ability following each presser.



NWSL MEDIA POLICY CONT.

Postgame Media Access

All players must be available for post-match media upon request. Teams may designate a space within the stadium to conduct interviews. In addition to general availability, two players and the head coach from both teams will be made available in a press conference format. Home teams must provide in-person access to attending media in addition to virtual press conferences. Visiting teams are permitted to hold virtual press conferences but should similarly make every effort to provide access to in-person media.

At least two players will be made available starting approximately 10 minutes after the final match whistle and head coaches will be made available approximately 20 minutes after the final match whistle (or vice versa). Locker rooms will not be open to the media without the express permission of the NWSL and the NWSL Players Association.

Team PR directors will highlight players from the match and make all efforts to secure requested names from attending media, or media in the 'NWSL Media' Slack channel, when choosing available players for press conferences. Selected players should be confirmed prior to the end of the match and clearly communicated to attending media as soon as possible. Team PR staff must be present to indicate the beginning and end of media access to players and coaches. All policies regarding post-match media access should be clearly communicated to media, team staff and security to ensure a secure environment. Failure to comply will result in a fine.



NWSL MEDIA POLICY CONT.

Seating Access

Accredited media members will have access to the stadium, professional workrooms and stadium seating, if available. During the match, accredited media will have access to the press box which will be restricted to only those accredited media members.

In addition, each stadium should have a Press Box capable of seating no less than TEN (10) people, with separate areas for working press and electronic broadcasters, and sufficient power outlets for all needs. If possible, all accredited media members should be given a seat in the press box.

All credentialed media shall be seated in media seating areas, consistent with treatment afforded comparable media. In addition, all members of the media are to be afforded equal treatment and access to facilities and personnel, regardless of sex.

When the press box is fully occupied by working media, referee assessors or in-stadium observers shall be provided seating with a desk or table shielded from the weather and a vantage point to view replays (if available) from any telecast. The specific location may be determined by the Home Team but must provide these minimum accommodations.

In order to maintain the integrity of the working press box, seating is specifically reserved for media members along with home and away team PR. All other individuals (including player agents, VIP's and administrators) should be seated in overflow booths/suites or assigned stadium seats.

Traveling Media

The home team shall provide seating for traveling media members at each match in the press box and should keep in mind the needs of media members traveling from the visiting team's area. The PR department of the visiting team should advise the home team no less than 48 hours in advance of how many members of traveling media plan to attend the match.



NWSL MEDIA POLICY CONT.

Guidelines for Photographers and Camera Operators

With the exception of staff/league photographers, national rights-holders or NWSL crews present at a match, all photographers and television camera operators must stay behind the field boards at all times, unless released by the on-site photo marshal. All non-league and team photographers and camera operators shall be permitted behind the field boards in the area bounded by the top of the 18-yard box and the end line (a C-shape that extends from the top of the 18, back behind the goal, and to the top of the 18 on the opposite side of the field).

Each photographer will be permitted to use one monopod — but no tripods. No seats other than “lawn-type” photographer seats will be permitted at the discretion of the stadium.

Stand-alone remote units will not be permitted at any time on or around the goal posts without the prior express approval from the NWSL Operations department. Units mounted on the top of field boards behind the end line will be permitted at the stadium’s discretion, provided the equipment does not interfere with the clear display of the field board and does not impede the operation of broadcast equipment.

Live television crews located on the baseline or sideline will be limited to two (2) people — a camera operator and a cable-puller — and ENG crews will be limited to one (1) person. In either case, the crew must maintain actual possession of the camera and any other equipment during all match action. Cameramen and cable-pullers from all television crews must remain off the playing field and behind field boards at all times.

Once situated, no movement between the two halves of the field shall be permitted until halftime. Changes in this policy will be allowed in cases where stadium facilities dictate alterations and these changes have been approved by the NWSL Communications office. However, no photographers shall be allowed to move from end to end on the bench side of the field.



NWSL MEDIA POLICY CONT.

Photographer Identification: In addition to their regular credential, it is strongly recommended that photographers and camera crews be issued with colored bibs or armbands. This will necessitate a special area in or near the stadium where they can pick up their bibs, on presentation of their accreditation, either the day before the match or on matchday, at the time media gates are opened. If they are not to be allowed to keep the bib, then it should be exchanged for a press card to be picked up following the match, or else signed out.

Photography Work Area: A work area should be provided for photographers, near the field where appropriate, with high-speed internet access. The size of the room may vary, but it should be sizeable enough for at least 5 – 10 people to work on desktops/tables. Like the press section of the stands, the photographers' work room should have sufficient electrical sockets and compatible with the equipment being used for transmission.

Accreditation: Care should be taken when processing credential requests for photographers shooting for commercial agencies. NWSL does not permit the accreditation of photographers shooting specifically for commercial agencies. However, since many agencies offer editorial and commercial sales options (Getty Images, AP, Reuters, etc.) this must be handled on a case-by-case basis.

Non-Rights Holder Video Guidelines

Video Footage: All rights to match footage including all applicable copyrights belong to NWSL. For the 2026 season, CBS, ESPN, Prime Video and Scripps are the sole US rights holders for broadcasting matches. Organizations interested in recording video footage at an NWSL match for non-news gathering purposes must contact the NWSL Communications office.



NWSL MEDIA POLICY CONT.

Television Broadcasters

Match Action: Television broadcasters can use footage of NWSL events obtained either via 1) their own recording or 2) action dubbed from a NWSL rights holder broadcast (CBS, ESPN, Prime Video, Scripps) with credit only in connection with its regularly scheduled news programming within a week of the match. This footage should not exceed two (2) minutes. Highlights aired as part of a continuous news program should not be longer than one (1) minute per 30-minute segment. Credits: NWSL, LLC.

Filming – Match Action: For televised events, non-rights holders / ENG cameras may record the first 15 minutes of each half (from 00:00 to 15:00 and 45:00 to 60:00 on the match clock). For non-televised events, non-rights holders / ENG cameras may record the entire match but are still subject to the aforementioned limits. This includes events that are streamed live online.

Filming – Interviews and Scene Sets: There is no limit to the gathering of footage pre-match, at halftime and post-match. All footage gathered is subject to the usage guidelines indicated in this document.

Filming – In Seating Area: Video cameras looking to shoot in the concourse or seating area must contact home team and NWSL in advance of the event for approval.

Previews or Advances: In advance of a NWSL event, television broadcasters can use two (2) minutes of archival match action to preview an upcoming event. In the local/regional markets, broadcasters should mention the time and location of the match along with their report. Outside of the local markets, broadcasters should mention the time and broadcast information.

Television Broadcasters' Web Sites: Video produced for air as part of regular programming that is simulcast or archived online must be accompanied by a link to NWSLsoccer.com. Content produced exclusively for the Internet is subject to the guidelines for Online Video.



NWSL MEDIA POLICY CONT.

Online Video

Match Action: Online organizations (including print publications that post video online) are not permitted to film or use match action video without prior written approval by NWSL. Match action includes any footage of the field, teams, etc., following the beginning of the television broadcast window. Only video of off-field activities (i.e. interviews, training sessions) may be recorded.

Non-Match Video: Any video posted online that is recorded as part of media access is limited to the use of eight (8) minutes per day/activity date. Online video may not incorporate integrated advertising and must be accompanied by links to NWSLsoccer.com.

Professional Presentation: Online video is expected to be recorded, edited and presented in a professional manner. Video must be presented/hosted on an organization's website, and not solely on a site provided by a third-party (i.e., YouTube, Vimeo, Facebook, etc.).

Online Video Sites: Organizations who regularly post video to online video sites (i.e., YouTube, Vimeo, etc.) may not include advertising with video gathered as a result of media access. Allowing users to embed these videos is not permitted, and the description of any video must include a link to NWSLsoccer.com.



ZIONS BANK TRAINING CENTER

Settled at the base of the Oquirrh Mountains in beautiful Herriman, Utah, Zions Bank Training Center offers a world-class sporting environment both inside and out. Inside the largest, pre-engineered, free-standing steel structure in North America, ZBTC boasts 210,000 square feet of artificial playing surface, providing ample space for games and practices with the facility being powered by 56,000 square feet of solar paneling located on top of the facility. Outside, five pristine natural-grass fields sit along the north side of the facility where the Utah Royals, Real Salt Lake, Real Monarchs, and the RSL Academy practice.





AMERICA FIRST FIELD

Located in Sandy, Utah, America First Field is the home of the Utah Royals and Major League Soccer's Real Salt Lake. The stadium has a maximum capacity of 20,213 for Soccer and other sporting events. The venue is located just 15 miles from downtown Salt Lake City, three minutes to Interstate 15 (1.2 miles) or 20 minutes to Salt Lake City International Airport (19.85 miles). It has 3 fully equipped professional locker rooms for players and team staff. As well as fourth-level press entrance to six broadcast booths and 32-seat press box.



TICKETING

Tickets are provided through SeatGeek. Single Game Tickets can be purchased for \$25-\$100 from the team website. Season Tickets are still available for purchase, For more information, call 844-REAL-TIX (844-732-5849) or visit our website down below. Our stadium offers luxury suites, ledge boxes, and two premium clubs that each provide a unique experience.

<https://www.rsl.com/utahroyals/tickets/>



ABOUT THE NWSL

The National Women's Soccer League is the premier women's professional soccer league in the world featuring national team players from around the globe. The clubs are Angel City FC, Bay FC, Boston Legacy FC, Chicago Stars FC, Denver Summit FC, Gotham FC, Houston Dash, Kansas City Current, North Carolina Courage, Orlando Pride, Portland Thorns FC, Racing Louisville FC, San Diego Wave FC, Seattle Reign FC, Utah Royals FC, and Washington Spirit.

Contact Info

National Women's Soccer League

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[Frequently Asked Questions](#)

