



2025 MEDIA  
GUIDE





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## ABOUT THE HOUSTON DASH

The Houston Dash are part of the Houston Dynamo Football Club, a multi-faceted organization that includes the Dash, Houston Dynamo FC and the Houston Dynamo Academy as well as Dynamo and Dash Charities. Ted Segal acquired a majority ownership interest in HDFC in June 2021 and serves as the chairman of the Club. Under his leadership the organization completed a multi-million dollar renovation of Shell Energy Stadium in March 2023 and the Club moved into a 27,000 square foot headquarters in East Downtown in July 2023.

The Dash compete in the National Women's Soccer League and began play in April 2014 for the start of the league's second season. The Dash were the first expansion club in the NWSL, joining the eight original members that launched the league in 2013, and the team captured its first league title with the 2020 NWSL Challenge Cup on July 26, 2020.

The NWSL is the top-flight women's professional soccer league in North America, featuring many of the top players from the United States, Canada, and Mexico, as well as talent from around the world.

The 26-game regular season runs from March through November. The team trains at Houston Sports Park (HSP), the premier training facility in Southeast Texas, and plays at Shell Energy Stadium in downtown Houston.

For more information, visit [www.HoustonDash.com](http://www.HoustonDash.com) or call (713) 276-GOAL.





# 2025 REGULAR SEASON SCHEDULE

SEASON POWERED BY



**MAR 14**

FRI - 7:00 PM



**MAR 23**

SUN - 2:00 PM



**MAR 28**

FRI - 7:00 PM



**APR 12**

SAT - 4:00 PM



**APR 19**

SAT - 6:30 PM



**APR 25**

FRI - 7:00 PM



**MAY 2**

FRI - 7:00 PM



**MAY 11**

SUN - 7:00 PM



**MAY 16**

FRI - 7:00 PM



**MAY 24**

SAT - 4:00 PM



**JUN 7**

SAT - 6:00 PM



**JUN 13**

FRI - 7:00 PM



**JUN 21**

SAT - 6:30 PM



**AUG 2**

SAT - 9:00 PM



**AUG 8**

FRI - 7:00 PM



**AUG 17**

SUN - 3:00 PM



**AUG 24**

SUN - 6:00 PM



**AUG 29**

FRI - 6:30 PM



**SEP 7**

SUN - 7:00 PM



**SEP 14**

SUN - 5:00 PM



**SEP 19**

FRI - 7:00 PM



**SEP 28**

SUN - 12:00 PM



**OCT 3**

FRI - 7:00 PM



**OCT 12**

SUN - 4:00 PM



**OCT 18**

SAT - 6:30 PM



**NOV 2**

SUN - TIME TBA

HOME

AWAY

ALL TIMES LISTED IN CENTRAL TIME.

DATES AND TIMES SUBJECT TO CHANGE.



## HOUSTON DASH TICKETS

Single-game tickets and full-season memberships are now on sale for the 2025 season. Fans are invited to be part of the excitement all season long and receive member only perks like exclusive discounts, access to special events with players, personnel and coaches, and more.

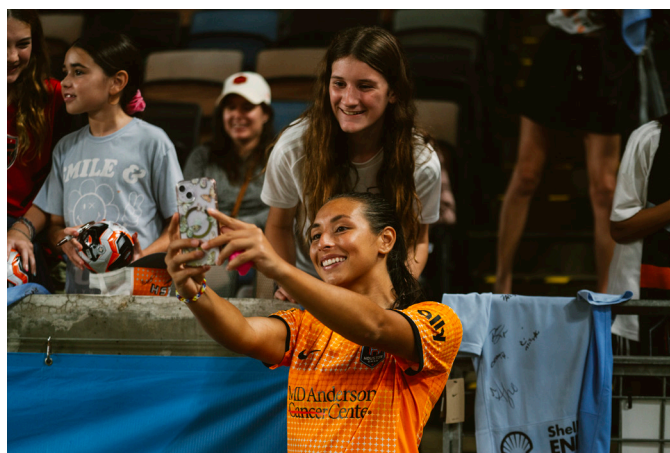
Additional benefits include:

- Access to the Member Season Kickoff
- Open training sessions at Houston Sports Park
- Pre-match and postgame member experiences
- Interest free payment plan
- Ticket exchange program
- Discount on additional tickets
- Exclusive presale access to international soccer games and other events at Shell Energy Stadium
- Team store and concession discount
- Youth camps discount
- Guaranteed access and preferred pricing to all home Dash playoff matches
- Complimentary tickets to the Dynamo home opener.

Premium Memberships are also available and offer a high-end experience with all-inclusive food and beverage.

Group tickets are also available for all Houston Dash matches. Whether you're planning a company outing, team building event, or celebration with friends and family, make Shell Energy Stadium your destination for an unforgettable experience.

For additional information visit [HoustonDash.com](http://HoustonDash.com) or call 713-276-GOAL (4625)





## TEAM LEADERSHIP



Ted Segal acquired a majority ownership interest in Houston Dynamo FC, which includes the MLS's Houston Dynamo, the NWSL's Houston Dash and leasing rights to Shell Energy Stadium, in June 2021.

Mr. Segal is the Founder and President of EJS Group, a real estate development and financing company

focused on ground-up multifamily and mixed-use development in primary markets, with an emphasis on the New York metropolitan area.

Prior to founding EJS, Mr. Segal was a Vice President at LS Power Equity Advisors, where he led corporate transactions and project development opportunities in the U.S. power generation sector. Mr. Segal was previously an associate at Latham & Watkins LLP, where he worked in the project finance practice group and represented developers, private equity sponsors and financial institutions in project financings and acquisition financings, with a principal focus on the power generation sector.

Mr. Segal graduated from the George Washington University with a B.A. in Political Communication and earned his J.D. from the New York University School of Law.

Mr. Segal and his wife have three children, who are all actively involved in youth soccer programs. He is a strong supporter of numerous charitable causes, notably Type 1 diabetes research, food insecurity, and Veteran Service Organizations.



Jessica O'Neill is the President of Business Operations for the Houston Dynamo Football Club (HDFC). In this role, O'Neill oversees growth efforts for Houston Dynamo FC of Major League Soccer, the Houston Dash of the National Women's Soccer League, Shell Energy Stadium in downtown Houston and Houston Sports

Park, the teams' training facility.

O'Neill joined HDFC in March 2022 and was named to her current role in January 2024. She leads strategic off-the-field initiatives to drive reach, revenue and engagement for the teams and facilities to ensure that HDFC is a destination of choice for staff, players, fans and partners. With the support of majority owner Ted Segal, her tenure is marked by significant facility renovations, an improved stadium experience and a new corporate headquarters.

The Tampa Bay, Fla. native graduated from the University of South Carolina. She currently serves on the board of directors for Downtown Houston+, the EaDo Management District and the Greater Houston Partnership as well as Dynamo & Dash Charities. In 2024, she was a recipient of the 40 Under 40 award from the Sports Business Journal and Houston Business Journal.



## TEAM LEADERSHIP



Angela Hucles Mangano was hired as President of Women's Soccer on December 9 and is the first individual to serve in this role. Hucles Mangano serves as the Chief Soccer Officer for the team and brings nearly four decades of experience in the sports industry as an executive, motivational speaker and athlete.

Hucles Mangano most recently served as the General Manager for Angel City FC. She joined the Angel City technical staff in 2021 as the Vice President of Player Development and Operations. Hucles Mangano was promoted to general manager the following year and built a roster that earned Angel City's first ever playoff appearance in 2023. She led all aspects of soccer operations for the club.

Her experience in the non-profit sector includes a two-year stint with Up2Us Sports as a Regional Director. She has also served on the board of non-profit organizations like You Can Play, which is dedicated to fostering a safe and inclusive environment for all who participate in sports, including LGBTQ+ athletes, coaches and fans.

Hucles Mangano is a two-time Olympic gold medal winner with the U.S. Women's National Team and appeared in more than 100 matches for the United States. She also joined the USWNT for the 2003 and 2007 FIFA Women's World Cups, earning two bronze medals. Her professional career began in Virginia where she played for the Hampton Roads Piranhas of the W-League for one season. She spent the next nine seasons in Boston playing for the Boston Breakers, both in the WUSA and WPS professional soccer leagues, and Boston Renegades.

Following her retirement from professional soccer, the Virginia Beach, Virginia native also spent time as a commentator for ESPN, NBC and FOX during their coverage of international events like the Olympic Games and FIFA Women's World Cup.



Gautrat enters his first season as the head coach of the Houston Dash and brings extensive NWSL playoff experience and more than 15 years of coaching experience at the professional and youth levels.

Gautrat joins the Dash following two seasons with the North Carolina Courage as an assistant coach. The 37-year-old helped North Carolina reach the postseason in back-to-back campaigns and win the 2023 NWSL Challenge Cup. The team also reached the semifinals of the NWSL x LIGA MX Femenil Summer Cup.

The Santa Clarita, Calif. native began his NWSL coaching career with the Chicago Red Stars in 2020 as an assistant coach. The team reached the final of the inaugural NWSL Challenge Cup in 2020 and qualified for the postseason in back-to-back seasons following the return of league play in 2021. Gautrat also helped the team reach the 2021 NWSL Championship.

Gautrat brings extensive youth coaching experience following his time with Chicago FC United in Illinois, where he served as the academy director and led the transformation of the club into a nationally ranked program with multiple playoff appearances. He joined the club in 2018 as the head coach of the U-14 and U-19 teams and left in February 2022 to join the Red Stars full-time. During his time with FC United he also joined the U.S. U-17 Youth National Team camp in June 2019.

His experience includes a stint in France with Olympique Lyonnais in 2018 as an assistant coach for the U-19 women's and U-16 boy's squads. He also served as the director of coaching and academy director for Rush Soccer from 2015-2017 in Georgia. Gautrat began his coaching career at the prep level in 2008 in France and held various roles at Flintridge Prep and FC Golden State from 2010-2014.



## TEAM INFRASTRUCTURE

### ABOUT SHELL ENERGY STADIUM



Shell Energy Stadium is a state-of-the-art, open-air stadium designed to host Houston Dynamo FC matches, Houston Dash matches and Texas Southern University football games as well as additional professional, collegiate and community sporting events, concerts, exhibitions, conventions and special events. Opened on May 12, 2012, the 340,000-square foot, 21,000-seat stadium is the first soccer-specific stadium in Major League Soccer located in a city's downtown district.

An architecturally stunning building, the stadium features 94,000 square feet of aluminum panels on its exterior, giving it a modern and stylish appearance. Each of the panels is 50 percent open to improve air flow throughout the concourses. Canopies extend 75 feet over the stands on the east and west sides of the stadium, and a stage canopy extends 125 feet over the south end, providing shade to soccer fans and a built-in speaker setup for concerts. With its downtown location, the stadium is a part of a true 'Stadium District,' which includes Minute Maid Park and the Toyota Center, as well as the George R. Brown Convention Center, Discovery Green, Warehouse Live and House of Blues.

The stadium was awarded the LEED® Silver certification from the U.S. Green Building Council in December 2012. The venue has been identified as a pioneering example of new construction and sustainable design and is considered a leader in transforming the building industry.

On June 13, 2019, the stadium was officially renamed from BBVA Compass Stadium to BBVA Stadium. The new stadium name and corresponding signage change was part of BBVA's ongoing brand unification happening across the globe. BBVA Group's new logo and brand signals an advancement in the financial institution's efforts become a single, global digital entity in all areas where it operates. The stadium was again renamed again in 2021 following the merger of PNC Bank and the U.S. division of BBVA.

The venue reopened its doors as Shell Energy Stadium in 2023 following an agreement between Houston Dynamo Football Club and Shell Energy. Both organizations are pursuing a variety of integrated energy and decarbonization solutions at the stadium, while also collaborating on important community initiatives. This includes a near-term goal to reduce the Club's scope one and scope two greenhouse gas emissions by 50 percent by 2026 from a 2018 base year.





## TEAM INFRASTRUCTURE

### ABOUT HOUSTON SPORTS PARK



Houston Sports Park (HSP) is the permanent home and professional training center for the Houston Dash, Houston Dynamo FC and Dynamo Academy. The multi-field facility is located off State Highway 288, approximately 10 miles south of the Dynamo FC's downtown stadium site. HSP has been funded and developed by the City of Houston with the assistance of the Houston Parks Board.

There are seven Bermuda grass fields and 1 FieldTurf™ field that currently accommodate practices, league play, camps and tournaments in an ideal location free from traffic or industrial distractions. Other park amenities include parking for up to 280 vehicles, and a picnic seating area.

The Dash have two, championship-level fields held exclusively for their training sessions throughout the NWSL regular season. The facility also features a state-of-the-art gym and additional accommodations for all teams that utilize the space.



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## NWSL MEDIA POLICIES

### EVENT MEDIA GUIDELINES

Media credentials and access will be granted only to individuals with a legitimate working function at a match, training session or event. The bearer must be on a specific assignment. Credentials are non-transferable. Any unauthorized use of a credential subjects the bearer to ejection from the stadium. Resale or attempted resale is grounds for seizure and cancellation.

The following actions may result in seizure of credential and/or ejection of its wearer from the stadium or training facility:

- Requesting autographs at any time
- Taking photographs with players/coaches
- Using credential for family or friends of a working media member
- Conducting of unauthorized interviews outside of prescribed media access periods
- Unprofessional behavior (cheering in the press box, consumption of alcoholic beverages, failure to abide by posted rules, etc.)

### TREATMENT OF CREDENTIALLED MEDIA

**Media Access at Practice:** Teams are permitted to designate one (1) day each training week as an open session (meaning the entirety of the training session will be open to media) but shall accommodate in-training availability as requested for the remainder of the week (minimum of 15 minutes). Teams are strongly encouraged to ensure that ballwork is at least part of the 15-minute access period.

Teams should make every effort to accommodate media requests for both coaches and players at the conclusion of training or the open media access period.

Failure to accommodate requests during media access periods as defined in the NWSL Media Access Policy (such as training sessions) will result in a fine.

**Matchday-1 and Matchday-2 Media Access:** Teams are required to make both the head coach and 1-2 players available to media at a pre-match press conference on MD-1 or MD-2. Any additional interview requests and availability will be accommodated to the best of the PR staff's ability following each presser. Failure to comply will result in a fine.

**Post-Match Media Access:** All players must be available for post-match media upon request. Teams may designate a space within the stadium to conduct interviews. In addition to general availability, 1-2 players and the head coach from both teams will be made available in a press conference format. Home teams must provide in-person access to attending media in addition to virtual press conferences. Visiting teams are permitted to hold virtual press conferences but should similarly make every effort to provide access to in-person media.

At least two players will be made available starting approximately 10 minutes after the final match whistle and head coaches will be made available approximately 20 minutes after the final match whistle (or vice versa). Locker rooms will not be open to the media without the express permission of the NWSL and the NWSL Players Association.

Team PR directors will highlight players from the match and make all efforts to secure requested names from attending media, or media in the 'NWSLMedia' Slack channel, when choosing available players for press conferences. Selected players should be confirmed prior to the end of the match and clearly communicated to attending media as soon as possible. Team PR staff must be present to indicate the beginning and end of media access to players and coaches. All policies regarding post-match media access should be clearly communicated to media, team staff and security to ensure a secure environment. Failure to comply will result in a fine.

**Seating Access:** Accredited media members will have access to the stadium, professional workrooms and stadium seating, if available. During the match, accredited media will have access to the press box which will be restricted to only those accredited media members.

In addition, each stadium should have a Press Box capable of seating no less than TEN (10) people, with separate areas for working press and electronic broadcasters, and sufficient power outlets for all needs. If possible, all accredited media members should be given a seat in the press box.

All credentialed media shall be seated in media seating areas, consistent with treatment afforded comparable media. In addition, all members of the media are to be afforded equal treatment and access to facilities and personnel, regardless of sex.

When the press box is fully occupied by working media, referee assessors or in-stadium observers shall be provided seating with a desk or table shielded from the weather and a vantage point to view replays (if available) from any telecast. The specific location may be determined by the Home Team but must provide these minimum accommodations.

In order to maintain the integrity of the working press box, seating is specifically reserved for media members along with home and away team PR. All other individuals (including player agents, VIP's and administrators) should be seated in overflow booths/suites or assigned stadium seats.

**Traveling Media:** The home team shall provide seating for traveling media members at each match in the press box and should keep in mind the needs of media members traveling from the visiting team's area. The PR department of the visiting team



## NWSL MEDIA POLICIES

should advise the home team no less than 48 hours in advance of how many members of traveling media plan to attend the match.

**Guidelines for Photographers and Camera Operators:** With the exception of staff/league photographers, national rights-holders or NWSL crews present at a match, all photographers and television camera operators must stay behind the field boards at all times, unless released by the on-site photo marshal. All non-league and team photographers and camera operators shall be permitted behind the field boards in the area bounded by the top of the 18-yard box and the end line (a C-shape that extends from the top of the 18, back behind the goal, and to the top of the 18 on the opposite side of the field).

Each photographer will be permitted to use one monopod — but no tripods. No seats other than “lawn-type” photographer seats will be permitted at the discretion of the stadium.

Stand-alone remote units will not be permitted at any time on or around the goal posts without the prior express approval from the NWSL Operations department. Units mounted on the top of field boards behind the end line will be permitted at the stadium’s discretion, provided the equipment does not interfere with the clear display of the field board and does not impede the operation of broadcast equipment.

Live television crews located on the baseline or sideline will be limited to two (2) people — a camera operator and a cable-puller — and ENG crews will be limited to one (1) person. In either case, the crew must maintain actual possession of the camera and any other equipment during all match action. Cameramen and cable-pullers from all television crews must remain off the playing field and behind field boards at all times.

Once situated, no movement between the two halves of the field shall be permitted until halftime. Changes in this policy will be allowed in cases where stadium facilities dictate alterations and these changes have been approved by the NWSL Communications office. However, no photographers shall be allowed to move from end to end on the bench side of the field.

**Photographer Identification:** In addition to their regular credential, it is strongly recommended that photographers and camera crews be issued with colored bibs or armbands. This will necessitate a special area in or near the stadium where they can pick up their bibs, on presentation of their accreditation, either the day before the match or on matchday, at the time media gates are opened. If they are not to be allowed to keep the bib, then it should be exchanged for a press card to be picked up following the match, or else signed out.

**Photography Work Area:** A work area should be provided for photographers, near the field where appropriate, with high-

speed internet access. The size of the room may vary, but it should be sizeable enough for at least 5 – 10 people to work on desktops/tables. Like the press section of the stands, the photographers’ work room should have sufficient electrical sockets and compatible with the equipment being used for transmission.

**Accreditation:** Care should be taken when processing credential requests for photographers shooting for commercial agencies. NWSL does not permit the accreditation of photographers shooting specifically for commercial agencies. However, since many agencies offer editorial and commercial sales options (Getty Images, AP, Reuters, etc.) this must be handled on a case-by-case basis.

### NON-RIGHTS HOLDER VIDEO GUIDELINES

**Video Footage:** All rights to match footage including all applicable copyrights belong to NWSL. For the 2024 season, CBS, ESPN, Prime Video and Scripps are the sole US rights holders for broadcasting matches. Organizations interested in recording video footage at an NWSL match for non-news gathering purposes must contact the NWSL Communications office.

### TELEVISION BROADCASTERS

**Match Action:** Television broadcasters can use footage of NWSL events obtained either via 1) their own recording or 2) action dubbed from a NWSL rights holder broadcast (CBS, ESPN, Prime Video, Scripps) with credit only in connection with its regularly scheduled news programming within a week of the match. This footage should not exceed two (2) minutes. Highlights aired as part of a continuous news program should not be longer than one (1) minute per 30-minute segment. Credits: NWSL, LLC.

**Filming – Match Action:** For televised events, non-rights holders / ENG cameras may record the first 15 minutes of each half (from 00:00 to 15:00 and 45:00 to 60:00 on the match clock). For non-televised events, non-rights holders / ENG cameras may record the entire match but are still subject to the aforementioned limits. This includes events that are streamed live online.

**Filming – Interviews and Scene Sets:** There is no limit to the gathering of footage pre-match, at halftime and post-match. All footage gathered is subject to the usage guidelines indicated in this document.

**Filming – In Seating Area:** Video cameras looking to shoot in the concourse or seating area must contact home team and NWSL in advance of the event for approval.

**Previews or Advances:** In advance of a NWSL event, television broadcasters can use two (2) minutes of archival match action to preview an upcoming event. In the local/regional markets, broadcasters should mention the time and location of the match along with their report. Outside of the local markets, broadcast-



## NWSL MEDIA POLICIES

ers should mention the time and broadcast information.

Television Broadcasters' Web Sites: Video produced for air as part of regular programming that is simulcast or archived online must be accompanied by a link to [NWSLsoccer.com](http://NWSLsoccer.com). Content produced exclusively for the Internet is subject to the guidelines for Online Video.

### ONLINE VIDEO

Match Action: Online organizations (including print publications that post video online) are not permitted to film or use match action video without prior written approval by NWSL. Match action includes any footage of the field, teams, etc., following the beginning of the television broadcast window. Only video of off-field activities (i.e. interviews, training sessions) may be recorded.

Non-Match Video: Any video posted online that is recorded as part of media access is limited to the use of eight (8) minutes per day/activity date. Online video may not incorporate integrated advertising and must be accompanied by links to [NWSLsoccer.com](http://NWSLsoccer.com).

Professional Presentation: Online video is expected to be recorded, edited and presented in a professional manner. Video must be presented/hosted on an organization's website, and not solely on a site provided by a third-party (i.e., YouTube, Vimeo, Facebook, etc.).

Online Video Sites: Organizations who regularly post video to online video sites (i.e., YouTube, Vimeo, etc.) may not include advertising with video gathered as a result of media access. Allowing users to embed these videos is not permitted, and the description of any video must include a link to [NWSLsoccer.com](http://NWSLsoccer.com).



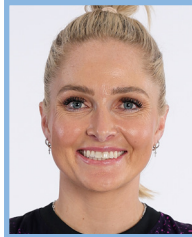
# HOUSTON DASH PLAYER TV ROSTER



1 JANE  
GK CAMPBELL



2 ALLYSHA  
DF CHAPMAN



4 NATALIE  
DF JACOBS



5 ZOE  
DF MATTHEWS



6 MESSIAH  
FW BRIGHT



7 EVELINA  
FW DULJAN



8 DELANIE  
MF SHEEHAN



9 DIANA  
FW ORDÓÑEZ



10 BARBARA  
MF OLIVIERI



11 YAZMEEN  
FW RYAN



12 KIKI  
MF VAN ZANTEN



13 SOPHIE  
MF SCHMIDT



14 PAIGE  
DF NIELSEN



15 AVERY  
DF PATTERSON



16 AMANDA  
FW WEST



17 SARAH  
MF PUNTIGAM



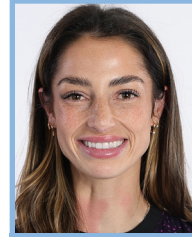
18 HEATHER  
GK HINZ



19 BELLE  
MF BRIEDE



20 CHRISTEN  
DF WESTPHAL



21 RYAN  
FW GAREIS



22 MICHELLE  
FW ALOZIE



23 MAGGIE  
MF GRAHAM



24 DANNY  
MF COLAPRICO



25 KATIE  
DF LIND



28 RAMONA  
FW BACHMANN



35 ABBY  
GK SMITH



# HOUSTON DASH STAFF TV ROSTER



ANGELA HUCLES  
MANGANO  
PRESIDENT WOMEN'S  
SOCCER



FABRICE GAUTRAT  
HEAD COACH



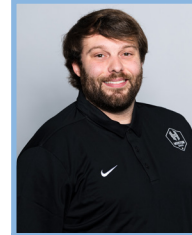
EMMA WRIGHT-CATES  
ASSISTANT COACH



JAIME FRIAS  
ASSISTANT COACH



ERIC KLENOFSKY  
GOALKEEPER COACH



MICHAEL POMA  
LEAD ANALYST OF STRATEGY



CHLOE DHILLON  
PERFORMANCE ANALYST



BETHAN LLOYD  
HEAD OF SPORTS SCIENCE



ANDREW MCKEOWN  
PERFORMANCE COACH



WAFACHATILA  
HEAD ATHLETIC TRAINER



JILL DAVIS  
ASST. ATHLETIC TRAINER



DORCAS COPA  
PHYSICAL THERAPIST



HAROLD TROCHEZ  
HEAD EQUIPMENT MANAGER



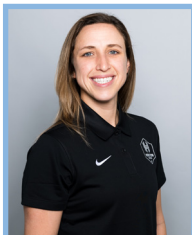
GINA MONACO  
ASST. EQUIPMENT MANAGER



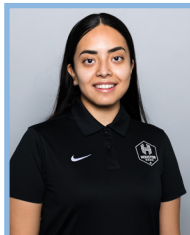
PALOMA PAEZ  
ASST. EQUIPMENT MANAGER



BIANCA PAULUS  
TEAM DIETICIAN



JESSIE VILKOFSKY  
DIRECTOR OF OPERATIONS  
& PLAYER EXPERIENCE



EMILY PEREZ VELEZ  
PLAYER CARE COORDINATOR



## 2025 HOUSTON DASH NUMERICAL ROSTER

NO.	PLAYER	POS	HT	PRONUNCIATION	COLLEGE	BIRTHDAY	AGE
1	Jane Campbell	GK	5-9	CAM-bell	Stanford	2/17/1995	30
2	Allysha Chapman	D	5-3	uh-LEE-shuh CHAP-min	LSU	1/25/1989	36
4	Natalie Jacobs	D	5-8	NAT-uh-lee JAY-kubz	USC	8/16/1997	27
5	Zoe Matthews	D	6-2		N/A	5/25/2007	17
6	Messiah Bright	F	5-9	meh-CY-uh	TCU	1/12/2000	25
7	Evelina Duljan	F	5-3	duhl-yahn	N/A	5/12/2003	21
8	Sheehan, Delanie	M	5-6	SHEE-an	UCLA	1/13/1999	26
9	Diana Ordóñez	F	5-11	or-DOHN-yehz	Virginia	9/26/2001	23
10	Barbara Olivieri	M	5-6	oh-lee-vee-EHR-ee	Texas A&M	2/24/2002	23
11	Yazmeen Ryan	F	5-6	yas-MEEN	TCU	2/25/1999	26
12	Kiki Van Zanten	M	5-6	kee-KEE v-AN z-AN-tun	Norte Dame	8/25/2001	23
13	Sophie Schmidt	M	5-7	SOW-fee SHMIT	Portland	6/28/1988	36
14	Paige Nielsen	D	5-5	NEEL-sin	UNC	10/14/1993	31
15	Avery Patterson	D	5-7	AY-vuh-REE PETE-uh-sun	UNC	6/14/2002	22
16	Amanda West	F	5-6	uh-MAN-duh	Pitt	2/11/2001	24
17	Sarah Puntigam	M	5-8	SAIR-uh POON-tih-gam	N/A	10/13/1992	32
18	Heather Hinz	GK	5-7	hen-z	South Carolina	6/27/2001	23
19	Belle Briede	M	5-6	BELL BREE-dee	Stanford	10/3/1998	26
20	Christen Westphal	D	5-6	Kris-Ten West-Fall	Florida	9/2/1993	31
21	Ryan Gareis	F	5-7	MAD-ih-sun AY-sin	South Carolina	11/13/1998	26
22	Michelle Alozie	D	5-7	uh-LOW-zee-uh	Yale/Tennessee	4/28/1997	27
23	Maggie Graham	M	5-9		Duke	7/10/2002	22
24	Danielle Colaprico	M	5-3	CO-la-pree-CO	Virginia	5/5/1993	31
25	Katie Lind	D	5-10	l-IH-nd	Notre Dame	2/15/1994	31
28	Ramona Bachmann	F	5-4	ruh-MONE-uh BAWK-mahn	N/A	12/25/1990	34
33	Jyllissa Harris	D	5-8	juh-LEES-uh	South Carolina	4/8/2000	24
35	Abby Smith	GK	5-9		Texas	10/4/1993	31





## 2025 HOUSTON DASH ALPHABETICAL ROSTER

NO.	NAME	POS	AGE	HOMETOWN	PREVIOUS CLUB	FIFA NT
22	Alozie, Michelle	D	27	Apple Valley, CA	Houston Dash (NWSL)	Nigeria
28	Bachmann, Ramona	F	34	Malters, Switzerland	Houston Dash (NWSL)	Switzerland
19	Briede, Belle	M	26	Alpharetta, GA	Houston Dash (NWSL)	USA
6	Messiah Bright	F	25	Dallas, TX	Angel City FC (NWSL)	USA
1	Campbell, Jane	GK	30	Kennesaw, GA	Houston Dash (NWSL)	USA
2	Chapman, Allysha	D	36	Courtice, Ontario, Canada	Houston Dash (NWSL)	Canada
24	Colaprico, Danielle	M	31	Freehold Township, New Jersey	San Diego Wave FC (NWSL)	USA
7	Duljan, Evelina	F	21	Kristianstad, Sweden	Orlando Pride (NWSL)	Sweden
21	Gareis, Ryan	F	24	Naperville, IL	Houston Dash (NWSL)	USA
23	Graham, Maggie	M	22	Atlanta, GA	Duke University (NCAA)	USA
33	Harris, Jylissa	D	24	Hazlet, NJ	Houston Dash (NWSL)	USA
18	Hinz, Heather	GK	23	Laytonville, Maryland	Houston Dash (NWSL)	USA
4	Jacobs, Natalie	M	27	Coto de Caza, CA	Houston Dash (NWSL)	USA
25	Lind, Katie	D	31	Elk Grove Village, IL	Houston Dash (NWSL)	USA
5	Matthews, Zoe	F	17	Southlake, TX	Houston Dash (NWSL)	USA
14	Nielsen, Paige	D	31	Lincoln, Nebraska	Houston Dash (NWSL)	USA
10	Olivieri, Barbara	M	23	Katy, TX	Houston Dash (NWSL)	Venezuela
9	Ordonez, Diana	F	23	Riverside, CA	Houston Dash (NWSL)	Mexico
15	Patterson, Avery	D	22	Jacksonville, FL	Houston Dash (NWSL)	USA
17	Puntigam, Sarah	M	32	Raning, Austria	Houston Dash (NWSL)	Austria
11	Ryan, Yazmeen	F	26	Norman, OK	NJ/NY Gotham FC (NWSL)	USA
13	Schmidt, Sophie	D	36	Abbotsford, BC, Canada	Houston Dash (NWSL)	Canada
8	Sheehan, Delanie	M	26	Walnut Creek, CA	NJ/NY Gotham FC (NWSL)	USA
35	Smith, Abby	GK	31	Plano, TX	NJ/NY Gotham FC (NWSL)	USA
12	Van Zanten, Kiki	M	23	Buffalo Grove, IL	Houston Dash (NWSL)	Jamaica
16	West, Amanda	F	24	Burlington, Ontario, Canada	Houston Dash (NWSL)	Canada
20	Westphal, Christen	D	31	Brecksville, OH	San Diego Wave FC (NWSL)	USA



## 2025 HOUSTON DASH ROSTER BY POSITION

### GOALKEEPERS (3)

NO.	NAME	POS	NWSL EXP.	HT.	FIFA NT
1	JANE CAMPBELL	GK	8	5-9	USA
18	HEATHER HINZ	GK	1	5-7	USA
35	ABBY SMITH	GK	9	5-9	USA

### DEFENDERS (7)

NO.	NAME	POS	NWSL EXP.	HT.	FIFA NT
2	ALLYSHA CHAPMAN	D	10	5-3	CANADA
4	NATALIE JACOBS	D	3	5-8	USA
5	ZOE MATTHEWS	D	1	6-2	USA
14	PAIGE NIELSEN	D	6	5-5	USA
15	AVERY PATTERSON	F	1	5-7	USA
20	CHRISTEN WESTPHAL	D	9	5-6	USA
25	KATIE LIND	D	9	5-11	USA

### MIDFIELDERS (8)

NO.	NAME	POS	NWSL EXP.	HT.	FIFA NT
8	DELANIE SHEEHAN	M	4	5-6	USA
10	BARBARA OLIVIERI	M	2	5-6	VENEZUELA
12	KIKI VAN ZANTEN**	M	1	5-6	JAMAICA
13	SOPHIE SCHMIDT	M	7	5-7	CANADA
17	SARAH PUNTIGAM	D	2	5-8	AUSTRIA
19	BELLE BRIEDE	M	4	5-6	USA
23	MAGGIE GRAHAM	M	0	5-9	USA
24	DANIELLE COLAPRICO	M	10	5-3	USA

### FORWARDS (8)

NO.	NAME	POS	NWSL EXP.	HT.	FIFA NT
6	MESSIAH BRIGHT	F	2	5-9	USA
7	EVELINA DULJAN	F	1	5-3	SWEDEN
9	DIANA ORDÓÑEZ**	F	3	5-11	MEXICO
11	YAZMEEN RYAN	F	4	5-6	USA
16	AMANDA WEST	F	1	5-6	CANADA
21	RYAN GAREIS	F	3	5-7	USA
22	MICHELLE ALOZIE	F	4	5-7	NIGERIA
28	RAMONA BACHMANN	F	1	5-4	SWITZERLAND

\*\* = ON SEI TO START SEASON



# 2025 HOUSTON DASH ROSTER



1 JANE  
GK CAMPBELL

POSITION .....GK  
HEIGHT .....5-9  
AGE .....30  
DOB.....2/17/1995  
NATIONALITY.....USA  
HOMETOWN .....KENNESAW, GA  
2024 GP/GS.....25/25  
NWSL (REGULAR SEASON) GP/GS.....150/150

Latest transaction: Signed a four-year contract extension through 2028 on June 20, 2024.

Dash Debut: April 22, 2017, on the road against Seattle Reign FC.

The Houston Dash selected Campbell with the No. 15 overall in 2017 NWSL Draft from Stanford. Since then, she Campbell has started 172 games for the Dash in all competitions and logged 15,592 minutes in goal for Houston. She has tallied 38 clean sheets in league play and is tied for the fifth highest mark in league history. She has tallied 541 saves in league play since making her debut in the 2017 NWSL regular season.

Campbell was named NWSL Goalkeeper of the Year in 2023 after a stellar campaign where she led Houston to one of the best defensive campaigns in league history. The team conceded the fewest goals last season with just 18 goals allowed in 22 games; the third-lowest tally ever allowed in league play. She led the league with 93 saves and finished with eight clean sheets, a club and personal record.

The shot stopper tallied four clean sheets during Houston's run to the NWSL Challenge Cup trophy in 2020, the first league title in team history.



2 ALLYSHA  
DF CHAPMAN

POSITION .....DF  
HEIGHT .....5-3  
AGE .....36  
DOB.....1/25/1989  
NATIONALITY.....CANADA  
HOMETOWN .....ONTARIO, CANADA  
2024 GP/GS.....8/6  
NWSL (REGULAR SEASON) GP/GS.....108/103

Latest transaction: Signed a two-year contract through the 2026 season on Dec. 10, 2024.

Dash Debut: April 18, 2015, on the road against Sky Blue FC (now NJ/NY Gotham FC)

The veteran Canadian defender has spent the bulk of her professional career in Houston and was originally allocated to the team prior to the start of the 2015 season. She spent time with the Boston Breakers and North Carolina Courage prior to returning to Texas in 2018. Since then, she helped the team qualify for the postseason in 2022 and was a member of the team that won the 2020 NWSL Challenge Cup.



4 NATALIE  
DF JACOBS

POSITION .....DF  
HEIGHT .....5-8  
AGE .....27  
DOB.....8/16/1997  
NATIONALITY.....USA  
HOMETOWN .....COTO DE CAZA, CA  
2024 GP/GS.....16/14  
NWSL (REGULAR SEASON) GP/GS.....54/44

Latest transaction: Signed a four-year contract extension through 2028 on Sept. 6, 2024.

Dash Debut: May 14, 2022, on the road against Racing Louisville FC.

Jacobs has been a key contributor to the Dash backline, playing in 62 games for the team across all competitions since April 2022. The defender won a starting role in her first campaign in Houston and helped the team qualify for their first appearance in the NWSL playoffs. Jacobs earned the start in that match against the Kansas City Current in front of a sold-out crowd at Shell Energy Stadium.

She also helped the team post eight clean sheets in a historic campaign for the Dash backline in 2023. Houston allowed 18 goals across 22 games, the third-lowest mark in league history. The 27-year-old helped Houston earn five clean sheets last season and wore the captain's armband in Houston's 2-1 victory over Tigres UANL in July 2024 at Shell Energy Stadium in the NWSL x LIGA MX Femenil Summer Cup.



# 2025 HOUSTON DASH ROSTER



5 ZOE  
DF MATTHEWS

POSITION .....DF  
HEIGHT .....6-2  
AGE .....17  
DOB.....5/25/2007  
NATIONALITY.....USA  
HOMETOWN .....SOUTHLAKE, TX  
2024 GP/GS.....2/0  
NWSL (REGULAR SEASON) GP/GS.....2/0

Latest transaction: Signed a two-year contract with the team through 2026 on Oct. 11, 2024. The 17-year-old is the youngest player to sign a professional contract with the team.

Dash Debut: October 18, 2024, on the road against Seattle Reign FC.

Matthews appeared in two games for the Houston Dash last season and she is the youngest player to take the field for the team. The 6-foot-2 midfielder led Legends FC to the 2024 ECNL national championship game at the U-17 level last summer. The Southlake, Texas native was a United Soccer Coaches High School All-American for 2022-2023 following her sophomore season at Carroll Senior High School. At the club level, the midfielder won the 2021 ECNL national championship with Solar Soccer Club at the U-14 level.



6 MESSIAH  
FW BRIGHT

POSITION .....FW  
HEIGHT .....5-9  
AGE .....25  
DOB.....1/12/2000  
NATIONALITY.....USA  
HOMETOWN .....DALLAS, TX  
2024 GP/GS.....21/7  
NWSL (REGULAR SEASON) GP/GS.....43/23

Latest transaction: Joined the team following a trade with Angel City FC on Jan. 27, 2025.

Dash Debut: TBD

The 25-year-old spent last season with Angel City FC where she appeared in 21 regular season games. She scored her first regular season goal for the team on Sept. 27 at home against the Washington Spirit. The forward also scored the first hat-trick in team history in a 7-0 victory over Juarez FC from LIGA MX Femenil in a friendly at home on Aug. 18.

The Dallas, Texas native was selected No. 21 overall by the Orlando Pride in the 2023 NWSL Draft. Bright scored seven goals in her rookie season with the Pride across all competitions. She was a finalist for the NWSL Rookie of the Year award in her first campaign and was named both the Player of the Month and Rookie of the Month in Aug. 2023.



7 EVELINA  
FW DULJAN

POSITION .....FW  
HEIGHT .....5-3  
AGE .....21  
DOB.....5/12/2003  
NATIONALITY.....SWEDEN  
HOMETOWN .....KRISTIANSTAD, SWEDEN  
2024 GP/GS.....8/1  
NWSL (REGULAR SEASON) GP/GS.....8/1

Latest transaction: Signed a one-year contract with the team on Feb. 10, 2025.

Dash Debut: TBD

The Swedish international won the 2024 NWSL championship with the Orlando Pride. She appeared in eight regular season games for the Pride last year and appeared in three matches during the NWSL x LIGA MX Femenil Summer Cup. She scored a goal against Racing Louisville FC in the Summer Cup, her first goal for the team.

Duljan won her first trophy with Juventus in 2023 when the Italian squad lifted the domestic cup. She appeared in 23 regular season matches for Juventus, tallying an assist in the 1-1 draw with Sassuolo. She also played at the U-19 level for Juventus and helped the team reach the final four of the tournament.

The 21-year-old began her professional career in Sweden for her hometown club, Kristianstads DFF. She signed a professional contract as a 14-year-old and made her professional debut on May 25, 2017, in a 1-0 victory over Piteå. She finished with eight appearances and one assist in her debut season. She appeared in 52 matches for Kristianstads, where she scored four goals and tallied two assists. She also spent part of the 2021 season on loan with Växjö in Sweden.



# 2025 HOUSTON DASH ROSTER



**8** DELANIE  
**MF** SHEEHAN

POSITION ..... MF  
HEIGHT ..... 5-6  
AGE ..... 26  
DOB ..... 1/13/1999  
NATIONALITY ..... USA  
HOMETOWN ..... WALNUT CREEK, CA  
2024 GP/GS ..... 26/25  
NWSL (REGULAR SEASON) GP/GS ..... 59/45

Latest transaction: Signed a two-year contract through 2026 plus a mutual option for the 2027 season on Dec. 4, 2024.

Dash Debut: TBD

Sheehan joins the Dash after beginning her professional career with NJ/ NY Gotham FC and winning the 2023 NWSL Championship. The Brentwood, California native was drafted with the No. 33 overall pick in the 2021 NWSL Draft from UCLA and has appeared in 64 regular season matches for Gotham. The team has qualified for the postseason in three of Sheehan's four seasons with the club.

The midfielder led Gotham to the semifinals of the 2024 postseason. Sheehan also played in the 2024 UKG NWSL Challenge Cup and the final of the 2024 NWSL x LIGA MX Femenil Summer Cup. The 25-year-old also helped Gotham reach the knockout round of the 2024-25 CONCACAF W Champions Cup, going unbeaten in the group stage. The midfielder led the team in minutes played across all competitions in 2024.



**9** DIANA  
**FW** ORDÓÑEZ

POSITION ..... FW  
HEIGHT ..... 5-11  
AGE ..... 23  
DOB ..... 9/26/2001  
NATIONALITY ..... MEXICO  
HOMETOWN ..... RIVERSIDE, CA  
2024 GP/GS ..... 24/19  
NWSL (REGULAR SEASON) GP/GS ..... 63/51

Latest transaction: Signed a three-year contract with the team through the 2025 season on Feb. 17, 2023.

Dash Debut: March 26, 2023, at home against Racing Louisville FC.

Ordóñez won the team Golden Boot in 2024 after she led the team with five goals in the regular season. She also scored two additional goals in the NWSL x LIGA MX Femenil Summer Cup. The forward missed the final matches of the regular season with an injury and was placed on the season-ending injury list after successful surgery on her shoulder. The forward scored four goals for the Dash across all competitions in 2023.

After being the No. 6 overall pick in the 2022 NWSL Draft, Ordóñez made 17 starts and 19 appearances during her rookie season in North Carolina. She finished with 11 goals and scored the fourth most goals in the league, while setting the record for the number of goals scored in a rookie season.



**10** BARBARA  
**MF** OLIVIERI

POSITION ..... MF  
HEIGHT ..... 5-6  
AGE ..... 23  
DOB ..... 2/24/2002  
NATIONALITY ..... VENEZUELA  
HOMETOWN ..... KATY, TX  
2024 GP/GS ..... 24/17  
NWSL (REGULAR SEASON) GP/GS ..... 31/18

Latest transaction: Signed a two-year contract extension through the 2026 season on Sept. 3, 2024.

Dash Debut: April 19, 2023 (Challenge Cup), at home against Kansas City Current.

Olivieri was named the Young Player of the Year in 2024. The 22-year-old from Katy, Texas finished second in the race for the team Golden Boot with four goals and she scored an additional goal in the NWSL x LIGA MX Femenil Summer Cup match against Tigres UANL. The forward also tallied two assists in the regular season and scored a goal in three consecutive games to close the 2024 season.



# 2025 HOUSTON DASH ROSTER



11 YAZMEEN  
FW RYAN

POSITION .....FW  
HEIGHT .....5-6  
AGE .....26  
DOB.....2/25/1999  
NATIONALITY.....USA  
HOMETOWN .....NORMAN, OK  
2024 GP/GS.....25/23  
NWSL (REGULAR SEASON) GP/GS.....74/52

Latest transaction: Joined the Houston Dash following a trade with NJ/NY Gotham FC on Dec. 27, 2024.

Dash Debut: TBD

Ryan has won four trophies since making her professional debut in 2021 with Portland Thorns FC. She was drafted as the No. 6 overall pick by the Thorns and won the Women’s International Champions Cup Champion and NWSL Shield in her rookie season. The forward helped Portland lift the 2022 NWSL Championship prior to joining Gotham for the 2023 season. The TCU alum claimed her second NWSL title with Gotham in 2023, scoring a goal in the quarterfinals against the North Carolina Courage.

The 25-year-old was named to the 2024 NWSL Best XI Second Team and finished with five goals and six assists last season. Ryan has appeared in 82 regular season games since making her debut in 2021, scoring nine goals and tallying 12 assists.



12 KIKI  
MF VAN ZANTEN

POSITION .....MF  
HEIGHT .....5-6  
AGE .....23  
DOB.....8/25/2001  
NATIONALITY.....JAMAICA  
HOMETOWN .....BUFFALO GROVE, IL  
2024 GP/GS.....4/1  
NWSL (REGULAR SEASON) GP/GS.....4/1

Latest transaction: Signed a two-year contract extension through the 2026 season with a mutual option for 2027 on Dec. 6, 2024.

Dash Debut: March 16, 2024, at home against the North Carolina Courage.

Van Zanten made four appearances and earned one start prior to suffering a foot injury during Houston’s match against the Washington Spirit in April. The Buffalo Grove, Illinois native made her professional debut on March 16 in the opening match of the season against the North Carolina Courage.



13 NATALIE  
MF JACOBS

POSITION .....MF  
HEIGHT .....5-7  
AGE .....36  
DOB.....6/28/1988  
NATIONALITY.....CANADA  
HOMETOWN .....ABBOTSFORD, BC, CANADA  
2024 GP/GS.....23/21  
NWSL (REGULAR SEASON) GP/GS.....138/132

Latest transaction: Signed two-year contract extension through 2026 plus a mutual option for 2027 on Oct. 4, 2024.

Dash Debut: April 14, 2019, at home against Seattle Reign FC.

Schmidt has been an anchor for the Dash since arriving in Houston ahead of the 2019 NWSL regular season. The veteran midfielder has helped Houston reach new heights, most notably helping the team lift its first league trophy – the 2020 NWSL Challenge Cup. Schmidt converted from the penalty spot to give Houston the early lead in the championship match against the Chicago Red Stars.

The veteran midfielder also captained the team during the 2022 NWSL regular season that saw the Dash make their first ever playoff appearance. Since arriving in 2019, Schmidt has appeared in 123 matches across all competitions for the Dash. While primarily playing in the midfield Schmidt has also played a defensive role when called upon.



# 2025 HOUSTON DASH ROSTER



14 PAIGE  
DF NIELSEN

POSITION ..... DF  
HEIGHT ..... 5-5  
AGE ..... 31  
DOB ..... 10/14/1993  
NATIONALITY ..... USA  
HOMETOWN ..... LINCOLN, NE  
2024 GP/GS ..... 24/24  
NWSL (REGULAR SEASON) GP/GS ..... 104/93

Latest transaction: Signed a four-year contract extension through the 2028 season on Aug. 27, 2024.

Dash Debut: April 27, 2024, on the road against Utah Royals FC.

Nielsen was named the team Defender of the Year in 2024. She joined the team prior to the trade deadline in April and helped the team earn a clean sheet in her Dash debut against the Utah Royals on April 27. The defender scored the game-winning goal in Houston's 1-0 victory on the road over Angel City FC on May 12. This was Nielsen's eighth campaign in the NWSL and she reached 100 regular season games against the Orlando Pride on Sept. 28.

The defender spent two seasons with Angel City, where she reached the quarterfinals of the 2023 NWSL playoffs. Nielsen is a NWSL champion, winning the title in 2021 with a come-from-behind triumph over the Chicago Red Stars. The centerback also reached the quarterfinals of the 2020 NWSL Challenge Cup.



15 AVERY  
DF PATTERSON

POSITION ..... DF  
HEIGHT ..... 5-7  
AGE ..... 22  
DOB ..... 6/14/2002  
NATIONALITY ..... USA  
HOMETOWN ..... JACKSONVILLE, FL  
2024 GP/GS ..... 25/23  
NWSL (REGULAR SEASON) GP/GS ..... 25/23

Latest transaction: Signed a three-year contract extension through the 2027 season on Dec. 5, 2024.

Dash Debut: March 23, 2024, at home against Racing Louisville FC.

Patterson won the Newcomer of the Year award in 2024. The University of North Carolina product led the team with 2,073 minutes and she led the team with 28 appearances across all competitions. Patterson tallied two assists and scored her first professional goal in the final match of the regular season against Bay FC on Nov. 2. She joined the Dash ahead of the 2024 season after being the first player selected by Houston in the 2024 NWSL Draft in January.



16 AMANDA  
FW WEST

POSITION ..... FW  
HEIGHT ..... 5-6  
AGE ..... 24  
DOB ..... 2/11/2001  
NATIONALITY ..... CANADA  
HOMETOWN ..... ONTARIO, CANADA  
2024 GP/GS ..... 16/6  
NWSL (REGULAR SEASON) GP/GS ..... 16/6

Latest transaction: Signed a two-year contract extension through 2026 plus a mutual option for 2027 on Dec. 20, 2024.

Dash Debut: March 23, 2024, at home against Racing Louisville FC.

West was drafted by Houston with the No. 36 pick in the 2024 NWSL Draft from the University of Pittsburgh. She made her professional debut on March 23 in the home opener against Racing Louisville at Shell Energy Stadium. The 23-year-old scored her first goal on May 5 in Houston's 1-1 draw with the Kansas City Current. She tallied the first of two assists this year on April 20 on the road against the Portland Thorns. West appeared in 18 games across all competitions for the Dash this year.



# 2025 HOUSTON DASH ROSTER



17 SARAH  
MF PUNTIGAM

POSITION ..... MF  
HEIGHT ..... 5-7  
AGE ..... 32  
DOB ..... 10/13/1992  
NATIONALITY ..... AUSTRIA  
HOMETOWN ..... RANING, AUSTRIA  
2024 GP/GS ..... 23/18  
NWSL (REGULAR SEASON) GP/GS ..... 29/24

Latest transaction: Signed a two-year contract extension through the 2026 season on Sept. 6, 2024.

Dash Debut: July 29, 2023 (Challenge Cup), at home against Racing Louisville.

Puntigam joined the Dash midway through the 2023 season following a transfer from FC Köln in Germany. She made her Dash and NWSL debut in a 1-0 victory over Racing Louisville in the UKG NWSL Challenge Cup on July 29 at Shell Energy Stadium. She made her regular season debut on Aug. 19 in a 1-1 draw with the Washington Spirit at home. The midfielder has appeared in 33 games for the Dash in all competitions and tallied her first assist earlier this year against the Spirit on April 12.



18 HEATHER  
GK HINZ

POSITION ..... GK  
HEIGHT ..... 5-7  
AGE ..... 23  
DOB ..... 6/27/2001  
NATIONALITY ..... USA  
HOMETOWN ..... LAYTONSVILLE, MD  
2024 GP/GS ..... 1/1  
NWSL (REGULAR SEASON) GP/GS ..... 1/1

Latest transaction: Returned from a loan to Fort Lauderdale United FC in Dec. 2024.

Dash Debut: July 28, 2024 (NWSL x LIGA MX Femenil Summer Cup), at home against Tigres UANL.

Hinz was drafted by the Dash with the No. 38 overall pick in the 2024 NWSL Draft. The goalkeeper finished with three appearances and one shutout in her rookie season. The University of South Carolina alum made her professional debut on July 28 in Houston's 2-1 victory over Tigres UANL Femenil in the NWSL x LIGA MX Femenil Summer Cup. She earned her first clean sheet to close the tournament in a 2-0 victory over Pachuca CF. She earned her regular season debut on Nov. 2 at home against Bay FC.



19 BELLE  
MF BRIEDE

POSITION ..... MF  
HEIGHT ..... 5-6  
AGE ..... 26  
DOB ..... 10/3/1998  
NATIONALITY ..... USA  
HOMETOWN ..... ALPHARETTA, GA  
2024 GP/GS ..... 17/2  
NWSL (REGULAR SEASON) GP/GS ..... 43/17

Latest transaction: Signed a one-year contract extension through the 2025 season on Dec. 18, 2024.

Dash Debut: March 23, 2024, at home against Racing Louisville FC.

The team traded for Briede prior to the 2024 campaign and the midfielder appeared in 17 regular season games for the Dash this season. The Stanford alum also started two games in the NWSL x LIGA MX Femenil Summer Cup. Briede won the NWSL Shield in 2023 with San Diego Wave FC.





# 2025 HOUSTON DASH ROSTER



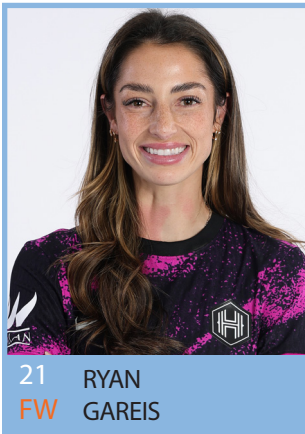
20 CHRISTEN  
DF WESTPHAL

POSITION .....DF  
HEIGHT .....5-6  
AGE .....31  
DOB.....9/2/1993  
NATIONALITY.....USA  
HOMETOWN .....BRECKSVILLE, OH  
2024 GP/GS.....15/8  
NWSL (REGULAR SEASON) GP/GS.....116/90

Latest transaction: Signed a new two-year contract with the team through the 2026 season plus a mutual option for 2027 on Dec. 18, 2024. She joined the team in a trade with San Diego Wave FC on Dec. 10, 2024.

Dash Debut: TBD

Westphal joins Houston after three seasons in San Diego, where she won the NWSL Shield in 2023 and NWSL Challenge Cup earlier this year. She started in 50 games and tallied six assists for San Diego over the last three seasons. Westphal has played 116 regular season games, starting 90 matches since making her debut with the Boston Breakers in 2016. The Brecksville, Ohio native has won six trophies since 2020.



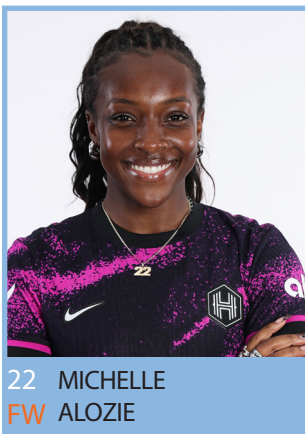
21 RYAN  
FW GAREIS

POSITION .....FW  
HEIGHT .....5-7  
AGE .....26  
DOB.....11/13/1998  
NATIONALITY.....USA  
HOMETOWN .....NAPERVILLE, IL  
2024 GP/GS.....7/5  
NWSL (REGULAR SEASON) GP/GS.....34/13

Latest transaction: Signed a contract extension through the 2025 season on Jan. 20, 2023.

Dash Debut: March 20, 2022 (Challenge Cup), at home against Chicago Stars FC.

Gareis made an immediate impact during her rookie season. The Naperville, Ill. native made six starts and 15 appearances during Houston's historic 2022 season. Gareis made her NWSL debut in the opening game of the 2022 Challenge Cup as a substitute in the 63rd minute of the match against her hometown team, the Chicago Stars. Since then, she has earned 37 appearances for the team in all competitions.



22 MICHELLE  
FW ALOZIE

POSITION .....FW  
HEIGHT .....5-7  
AGE .....27  
DOB.....4/28/1997  
NATIONALITY.....NIGERIA  
HOMETOWN .....APPLE VALLEY, CA  
2024 GP/GS.....24/14  
NWSL (REGULAR SEASON) GP/GS.....55/28

Latest transaction: Signed a two-year contract extension through the 2026 season with a mutual option for 2027 on Sept. 9, 2024.

Dash Debut: July 2, 2021, at home against Seattle Reign FC.

Alozie has appeared in 60 games for the Dash across all competitions since 2021. Alozie has also played on both ends of the field for the team as a forward and defender throughout her time in Houston. She has scored six goals and tallied two assists for the Dash in all competitions.

At the international level, Alozie earned her first senior cap for the Nigerian National Team in Houston in June 2021 and scored her first goal for the Super Falcons at Shell Energy Stadium against Portugal that summer. She led Nigeria to qualify for the 2023 FIFA Women's World Cup and recently represented the Dash at the 2024 Olympic Games in Paris. That was the first appearance at the Olympic Games for the Super Falcons since the 2008 Olympic Games in Beijing.



# 2025 HOUSTON DASH ROSTER



22 MAGGIE  
MF GRAHAM

POSITION ..... MF  
HEIGHT ..... 5-9  
AGE ..... 22  
DOB ..... 7/10/2002  
NATIONALITY ..... USA  
HOMETOWN ..... ATLANTA, GA  
2024 GP/GS ..... -  
NWSL (REGULAR SEASON) GP/GS ..... -

Latest transaction: Signed a three-year contract through the 2027 season on Jan. 21, 2025.

Dash Debut: TBD

Graham spent the last five seasons at Duke University, where she led the Blue Devils to the semifinals of the 2024 Women's College Cup and the ACC regular season title as a graduate student. She scored four goals in the 2024 College Cup and finished with 14 goals and five assists in her final season with the program. The midfielder appeared in 101 matches for Duke University and started 72 games. She scored 22 goals and tallied 15 assists for the Blue Devils in regular season play.



24 DANNY  
MF COLAPRICO

POSITION ..... MF  
HEIGHT ..... 5-3  
AGE ..... 31  
DOB ..... 5/5/1993  
NATIONALITY ..... USA  
HOMETOWN ..... FREEHOLD TOWNSHIP, NJ  
2024 GP/GS ..... 23/18  
NWSL (REGULAR SEASON) GP/GS ..... 168/147

Latest transaction: Signed a two-year contract through the 2026 season on Jan. 21, 2025.

Dash Debut: TBD

Colaprico has won three trophies throughout her professional career, most recently with San Diego Wave FC where she won the NWSL Shield in 2023 and the NWSL Challenge Cup in 2024. She finished with 45 appearances for San Diego and helped the team reach the semifinals of the 2023 NWSL playoffs.

The New Jersey native was drafted in the first round of the 2015 NWSL Draft by Chicago Stars FC. She spent the next eight years with Chicago and patrolled the midfield for more than 150 games. She scored six goals for the Stars and was named to the NWSL Second XI in three consecutive seasons from 2015-2017. Her accolades include Rookie of the Year honors in 2015.



25 KATIE  
DF LIND

POSITION ..... DF  
HEIGHT ..... 5-10  
AGE ..... 31  
DOB ..... 2/15/1994  
NATIONALITY ..... USA  
HOMETOWN ..... ELK GROVE VILLAGE, IL  
2024 GP/GS ..... -/  
NWSL (REGULAR SEASON) GP/GS ..... 146/134

Latest transaction: Signed a three-year extension through the 2025 season on Jan. 20, 2023.

Dash Debut: June 30, 2020 (Challenge Cup), versus Utah Royals FC.

Lind returned to competitive action earlier this year in Houston's opening match of the Coachella Valley Invitational against San Diego Wave FC. Lind was on maternity leave during the 2024 season. In 2023, she led the team to a record-breaking season in the defensive end of the field. The team conceded the fewest goals that season with 18. In 2022, she helped the team qualify for the postseason for the first time ever. She has appeared in 177 games across all competitions since making her debut in 2016 with Chicago Stars FC.



# 2025 HOUSTON DASH ROSTER



28 RAMONA  
FW BACHMANN

POSITION .....FW  
HEIGHT .....5-4  
AGE .....34  
DOB..... 12/25/1990  
NATIONALITY..... SWITZERLAND  
HOMETOWN .....MALTERS, SWITZERLAND  
2024 GP/GS..... 12/10  
NWSL (REGULAR SEASON) GP/GS..... 12/10

Latest transaction: Signed a three-year contract with the team on April, 3 2024 following a transfer from Paris Saint-Germain.

Dash Debut: April 27, 2024, on the road against Utah Royals FC.

Bachmann joined the Dash after spending the last three seasons with Paris Saint-Germain. She won the D1 Arkemal league title during the 2020-2021 season and the Coupe de France féminine the following year. She led the club to the semifinals of the UEFA Champions League in the 2020-2021 and 2021-2022 campaign. PSG reached the quarterfinals of the tournament in 2023 and recently advanced to the semifinals of the competition in 2024.

The forward has spent the last 17 years as a professional and amassed 18 domestic titles and cups since making her debut in 2007 as a teenager. Bachmann has won a trophy with five clubs during her professional career, beginning with a treble with Umeå IK in Sweden in 2007. The forward spent a brief spell with the Atlanta Beat of the WPS in 2010 before returning to Sweden to play for Umeå (2010-2011) where she scored 27 goals and won five championships and FC Rosengård (2011-2015), scoring 27 goals and winning five championships.



35 ABBY  
GK SMITH

POSITION .....GK  
HEIGHT ..... 5-9  
AGE .....31  
DOB..... 10/4/1993  
NATIONALITY..... USA  
HOMETOWN ..... PLANO, TX  
2024 GP/GS..... -/-  
NWSL (REGULAR SEASON) GP/GS..... 60/60

Latest transaction: Joined the team following a trade with NJ/NY Gotham FC on Jan. 17, 2025.

Dash Debut: TBD

Smith has won five trophies across nine campaigns in the NWSL. She has started 60 regular season games and tallied 14 clean sheets throughout her career. Smith spent the last two seasons with Gotham FC where she won the NWSL title in 2023 and the 2024 NWSL x LIGA MX Femenil Summer Cup. She appeared in 15 games for Gotham and earned five Save of the Week honors during the 2023 season. Smith won three trophies with Portland Thorns FC between 2021-2022. She joined the Thorns in a trade in August 2021 and helped the team win the 2021 Women's International Cup and the 2021 NWSL Shield. She won the NWSL Championship the following year, earning her first regular season start against the North Carolina Courage on Aug. 24.

The Plano, Texas native began her professional career in 2016 after the Boston Breakers selected Smith in the third round of the NWSL College Draft. She appeared in 21 matches for the Breakers prior to joining Utah Royals FC in 2018 through the NWSL Dispersal Draft.